



MARKET REPORT
AMENITIES
LOCAL FARMERS MARKET
INFORMATION ABOUT LOCAL FARMS
FRUITS/VEGETABLES IN SEASON



Asparagus

Supply is slowly decreasing due to some rains up north causing the price to increase. All sizes available and white asparagus is also consistently available.

Avocado

EXTREME WARNING: Markets have firmed up significantly lighter inventories from our growers on all sizes and grades. We expect this condition to continue through the first week of October due to a shorter than expected startup of the Flora Loca crop combined with a very short California season.

Bananas

Volumes are expected to take a step back with growing demands across the globe and crops are still up. Prices are expected to remain stable

Broccoli, Cauliflower, Brocolini Brussels Sprouts and Green Onions

Broccoli - Supplies are picking back up and prices are coming down. Quality is good and expected to remain this way.

Cauliflower-Good Color and quality as supply has picked up and prices are decreasing! Warmer weather throughout the weekend is expecting product to remain in good supply.

Brocolini - Market is back to normal and prices are back to being stable.

Brussels Sprouts- The market continues to increase due to the supply out of Mexico being extremely tight and limited supply is crossing. Prices are high on #1 and jumbo sizes.

Green Onions - Prices are coming way off and supplies are increasing with good quality

Berries

Strawberries - Market has stabilized and quality is fair with recent heat wave we have had. Prices remain stable are expected to stay this way for next few weeks.

Raspberry - We are seeing some shortages in supply and prices is high. Quality is good.

Blackberries - The market has started to ease and price has come way down. Quality is fair with the recent heat wave but supply has picked up.

Blueberries - Volume is up and quality is good. Prices are stable and decreasing in the upcoming weeks.

Bell Peppers and Peppers

Green Bell -The green bell pepper market continues to remain tight until the end of the month. Hopefully the beginning of August supply picks up and more product will be available.

Red Bell Product has become a little tight with increase prices. Product is expected to remain firm for next 2-4 weeks.

Yellow Bell Pepper Quality is very nice and prices are stable as supplies increase.

Carrots

Quality is good and so is the supply

Corn

Yellow Corn - QUALITY IS GOOD AND IS IN FULL SWING

White Corn- QUALITY IS GOOD AND IS IN FULL SWING



Citrus

Limes - The market is increasing due to crop being behind On Watch List now. Quality is poor.

Lemon - This is a very active market. Prices are EXTREMELY high and the quality is very poor!!! We are hearing Lemons can remain very expensive and poor quality until SEPTEMBER/OCTOBER WHEN CALIFORNIA HARVEST WILL BEGIN!!! Act of God Clause being used for all fruit

Oranges - We are seeing shortage in supply and a higher market. This might become even shorter in supply and will probably last until the domestic Valencia market is in full swing. We are suggesting that you move to a larger fruit (smaller count size like a 72 or 56). Smaller fruits are nearly non existent. Currently in an Act of God Clause is being used for smaller fruit and prices are expected to increase!!

Eggs

Product is back to normal supply and prices have stabilized. Market is expected to remain good for Summer months

Eggplant

Supply is picking back up and price is lowering on both 18 and 24ct. Both are expected to remain in good supply for summer months.

Grapes

This is continuing to be a mixed market out of the Central market out of the Central Valley based on sizing. Smaller size is more consistently available and better quality on both red and green colors. We are seeing good volume in supply and price remains stable.

Kiwi

California supplies are very limited with prices increasing. Market is expected to remain firm for next 4 weeks until supplies pick up.

Lettuce

Green and Red Leaf - Quality is improved and prices are good and stable.

Romaine- Everything has returned back to normal and demand is slowly getting better. Quality is good with occasional fringe burn.

Romaine Hearts- Supplies are increasing. Quality is good and prices are stable. Also everything we are sourcing is out Yuma Az.

Iceberg lettuce - Supplies are slightly lower and demand is up slightly.

Butter lettuce - Supplies are lighter than normal. Demand is good and prices are stable.

Mushrooms

Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.



Melons

Cantaloupe - Production is good and new production in central CA has started and will pick up production in the upcoming weeks. they are bringing high in sugar .

Honeydew - Production will remain in a demand exceeds supply situation for the upcoming weeks . New supply lags behind cantaloupe which keeps price high and also availability is challenging to find good quality melons.

Heirloom Melons- Are now in season from WEISER farms and quality is very good. Product will remain available for next 2 months and are selling quick!!

Pineapple

Volume will begin to ease off starting now through July. Where there was an excess of fruit in the first quarter, there is likely to be a decrease of fruit in Q3. Sizing will play an important role

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best. Hollywood label is available but frying dark.

Stone fruit

Peaches- White and Yellow Peaches are in full swing and supply is good. Farmers market single layer ripe fruit is available and quality is AMAZING! We are stocking lots of yellow peaches

Plums- Are in full swing and are good to go

Apricots- are now in season and supply is good.

Cherries- Local season is finished and product is coming in from the Northwest

Squash

Local crops have picked up and Mexico season is finished. Local crops in good supply and quality is very good with low prices as supply is currently exceeding demand. Summer squash varieties are in full swing

Tomatoes

Round- Excellent volume out of Nogales and prices are expected to remain stable for next 4 weeks.

Romas- Excellent volume out of Nogales and prices are low with spring production in full swing!

Grapes- supplies are getting tight as transition continues . Quality is good but should be about another 2-3 weeks .

Cherry- supply is marginal and pricing is increasing.

Heirloom-both cherry and regular are in full swing at local markets.

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy, Honey-crisp

Bananas

Petite Bananas & Lady Finger Bananas

Apricots

Berries

Blueberries, Blackberries, Raspberries, Gold Raspberries, Pink Raspberries, and Black Raspberries, Strawberries, Gooseberries, Pink lemonade blueberries

Cherries

Bing, Brooks and Rainier

Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjoul Dates

Peaches

Yellow and White

Nectarines

Yellow and White

Plums

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice,





The following items will be available for delivery on August 16th 2018
 All orders must be placed with your sales representative by 12 noon every Tuesday.

Farmers Market items ordered from in house are subject to availability

Coleman Farms:

- Local & Sustainable
- Celtuce
- Gem Lettuce
- Mustard Greens
- Persian Mint
- Breakfast Radish
- Japanese Pink Radish
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Greens
- Purple Borage Flower
- White Borage Flower
- Nasturium Flowers
- Sorrel

Gloria Tamai Farms

- Local & Sustainable
- Red & Gold Beets
- Strawberries
- Yellow Corn
- Tri Color Cauliflower
- Purple Cauliflower
- Baby Purple Broccoli
- Romanesco
- Green Kale
- Black Tuscan Kale
- Summer Squash
- Green Zucchini
- Mix Cherry Heirloom
- Tomato
- Red Beef Steak Tomato

Garcia Organics

- Local, Organic & Sustainable
- Tangerines
- Avocado

- Lemons
- Oranges
- Star Ruby Grapefruit
- Cocktail Grapefruit
- Oro Blanco Grapefruit
- Harry's Berries**
- Local, Sustainable, Organic

- Gaviota/Seascape
- Strawberries
- Cherry Tomatoes
- Yellow Romano Beans

Her Farms

- Local & Sustainable
- Lemongrass
- Bok Choi
- Yu Choy Flowers
- Leeks
- Purple Kale
- Fresh Garlic
- Green Onions
- Pea Tendrils
- Chinese Broccoli
- Bell Peppers

JJ Lone Daughter Ranch

- Avocados
- Grapefruit
- Tangerines
- Pink Lemons
- Blood oranges Moro

Coastal Organics

- Local/Organic/Sustainable
- Mixed heirloom tomato
- Mixed cherry heirlooms

- Early Girl Tomato
- Maggie's Farms**
- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix, Mescaline
- Heirloom Tomatoes
- Trevisio
- Charger Mix
- Pea Sprouts
- Wild Arugula

McGrath Farms

- Local/Organic/Sustainable
- Carrots: Baby/TriColor
- Strawberries
- Cilantro Blossoms
- Baby Red Frill Mustard
- Greens
- Red Frill Mustard
- Greens
- Munak farms**
- Cherry tomatoes
- Heirloom tomatoes
- Heirloom melons
- Lemon Cucumbers

Murray Farms

- Local & Sustainable
- Peaches
- Green Blueberries
- Green Strawberries
- Elder berries
- Yellow Watermelon
- Seedless Concord Grapes
- Green Sweet Grapes
- Finger Grapes

Polito Farms

- Local & Sustainable

- Oranges
- Clementine Tangerines
- Daisy Tangerines
- Perfection Tangerines
- Sweet Juicing Oranges
- Satsuma Tangerines

Pudwill Farms

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries
- Mullberries
- Pink Blueberries
- Black Raspberries
- Gold Raspberries
- Black Mission Figs

Regier Farms

- Yellow and White Peaches
- Yellow and White Nectarines

Scott Farms

- Flavor King Plums
- Flavor Rossa Plums
- Donut peach white
- Yellow Peaches
- Grapes
- Nectarines

Tutti Frutti Farms

- Local/Organic/Sustainable
- Onions
- Zucchini
- Large Summer Squash
- Large Zucchini
- Heirloom Tomato
- Cherry Heirloom tomato

Two Peas in a Pod

- Dried Cranberry Beans

- Dried Christmas Lima Beans
- Dried Black coco Beans
- Dried Cannelini Beans
- Dried White Cap Beans
- Fresh Coco Beans
- Fresh Canellini Beans
- Fresh Scarlett Runners
- Fresh Cranberry Beans

Valdivia Farms

- Local & Sustainable
- Heirloom Tomatoes
- Red Beef Steak Tomatoes
- Zucchini Blossoms
- Mixed Baby Tri Carrots
- Baby Summer Squash

Weiser Family Farms

- Local & Sustainable
- Heirloom Potatoes
- Fingerlings
- Watermelon Radish
- Mix Heirloom Melons
- Salt and Pepper cucumbers
- Lemon cucumbers
- Shishito peppers
- Baby sweet peppers

Tenerelli Farms

- Local
- Peaches
- Nectarines
- Plums
- Mulberries



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

Weiser Family Farms:

Weiser Family Farms began in 1977 when Sid Weiser and his wife Raquel laid down roots in Tehachapi, California. There, they learned to tend to the fruit trees . . . apples, peaches, and pears. In the ensuing years, they acquired farmland in other locations where they branched out into a variety of fruits, vegetables, and flowers. **We are currently stocking their heirloom melon mix. When ordering please ask for Weiser Melons mixed. Cases average is 7 melons. If you would like a specific variety please speak to your sales rep.**

Del Cabo Farms:

Having already created Jacobs Farm, a successful organic farming operation, and with a knack for developing niche markets, longtime organic farmers Larry Jacobs and Sandra Belin were confident in their vision for their next venture. In 1985, they encountered a community of struggling, subsistence-level farmers in Mexico, and the Del Cabo cooperative was conceived. The idea of farm- and community-centered production supported by international market opportunities proved to be successful. Today, this collaboration between Jacobs Farm and the Baja growers provides over 400 farming families with needed training in organic growing, harvesting, and handling, as well as start-up funds, farming technology, administrative training, and consistent distribution channels—ensuring the best return for small-scale farms.

Scarborough Farms:

For over 20 years, Scarborough family farm has been dedicated to growing some of the highest quality, most vibrant, aesthetically–appealing specialty produce on the planet. Their small–scale, custom farming methods ensure fresh, just–harvested gourmet products that taste wonderful and have a longer shelf–life. They have earned a reputation for deeply caring for the land and for fulfilling the ever–evolving tastes of American cuisine. Grown only in the United States, Scarborough Farms produce is grown according to strict state and federal regulations. They follow good agricultural practices to ensure that everything we grow is not only beautiful and nutritious, but safe to eat, as well.

Babe Farms:

Babe’ Farms was founded in March of 1986 by Will Souza and four partners. With deep roots in the Santa Maria Valley, Mr. Souza was a well established, third generation farmer of conventional vegetables. Inspired by his extensive travels throughout Europe, where he discovered the availability and popularity of baby-sized fresh produce, a new company, “Babe’ Farms” was born.

[to set up a farm tour, please contact your local sales representative or call us for more information](#)

Mcgrath Farms:

McGrath’s farm s a sustainable farm that grows a high diversity of year-round organic fruits and vegetables. Farming on the coast of Southern California for 5 generations Mcgrath farm has the deepest topsoil and the best climate to produce a utopian garden farm.

Tutti Frutti Farms:

In 1988 Chris Cadwell a 5th generation farmer took over his family’s undeveloped fourteen acres hillside property overlooking the Pacific Ocean Channel Islands in Carpentaria California. Since then he and his family began cultivating it for organic produce for the coastal communities of southern California. They decided the farms name “Tutti Frutti” Italian for “All Fruits”.

Polito Family farms:

Is located in Valley Center California. Polito Family Farms is a very small operation just husband and wife Bob and Mary running the show. Their fruit is pesticide free and grown here on our farm. Many of their specialty citrus fruits are available during the winter and spring months only; each fruit has its particular season. They pick and ship only fruit that is fully mature, tree ripened, juicy and delicious.

Rancho La Familia:

Is located in Santa Maria, CA and are at many of our local LA Farmers Markets. We are now stocking their beautiful strawberries. If you would like theirs please when placing your order request Farmers Market Strawberries. Available in full and half flats.

Thank you for your continued business, The Polisky Family & Nature’s Produce



Market Flash:

August 9th 2018

Vegetables in season

- Asparagus
- Chicory/Endive
- Brussels
- Sprouts
- Beets
- Cabbage
- Carrots
- Tri Color
- Cauliflower
- Fennel
- Green Onions
- Mustard Greens
- Kale
- Parsnips
- Pea shoots
- Pea Tendrils
- English Peas
- Snap Peas
- Radicchio
- Red Leaf
- Lettuce
- Spinach
- Spring Onions
- Summer Squash
- Sweet
- Potato/Yams
- Swiss Chard
- Vidalia Onions
- Turnips

Fruits in season

- Apricots
- Blueberries
- Blackberries
- Cherries
- Cherimoya
- Cactus Pears
- Dragon Fruit
- Grapefruit
- Ruby Red
- Kumquats
- Blood Oranges
- Oranges
- Pears
- Peaches
- Nectarines
- Kiwi
- Pineapple
- Raspberries
- Strawberries
- Tangerine
- Tangerines w/stems
- Pomegranates
- Melons



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