

Market Report
Amenities
Local Farmers Market
Information about local farms
Fruits/Vegetables in season

December 14th 2018



# **Asparagus**

Supply is tight with sizing issues. Most product is coming from Peru. Prices are up

#### Avocado

Market supply has bounced back with huge harvest. Prices are coming down as well

## **Bananas**

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

# Broccoli, Cauliflower, Broccolini Brussels Sprouts and Green Onions

**Broccoli** – Supplies will remain tight during transition to Yuma. **Cauliflower**-Supplies will remain tight for the next week while transition to Yuma occurs

**Broccolini** - Market is back to normal and prices are back to being stable.

**Brussels Sprouts-** Supplies are steady

**Green Onions** – Market tightened up with recent rains. This applies to both iced and iceless.

#### **Berries**

Strawberries - Market has tightened up with the rain in CA and low production

Raspberry - We are seeing some shortages in supply and prices is high. Quality is good.

Blackberries - The market has started to ease and price has come way down. Quality is fair with the recent heat wave but supply has picked up.

Blueberries - Volume is up and quality is good. Prices are stable.

Bell Peppers and Peppers
Green Bell
Red Bell
Yellow Bell Pepper
All peppers are short on supply as field transitions occur

# **Carrots**

Quality is good and so is the supply

# Corn

Yellow Corn – SUPPLY EXTREMLY SHORT, PRICE IS RISING FAST White Corn- SUPPLY EXTREMLY SHORT, PRICE IS RISING FAST



**Limes** – The market is starting to stabilize, pricing will level out as new crop comes in **Lemon -** California season has begun which should help the market **Oranges -** This might become even shorter in supply and will probably last until the domestic navel crops begin

# **Eggs**

Product is back to normal supply and prices have stabilized. Market is expected to remain good for Summer months

# **Eggplant**

Both sizes are in good supply.

# Grapes

This is continuing to be a mixed market out of the Central Market out of the Central Valley based on sizing. Smaller size is more consistently available and better quality on both red and green colors. We are seeing good volume in supply and price remains stable.

## Kiwi

California supplies are very limited with prices increasing. Market is expected to remain firm for next 4 weeks until supplies pick up.

# Lettuce

All lettuces are tight due to shortage and demand stemming from the romaine problem.

ROMAINE- All our sources are from Yuma area. We have no product from Salinas or Nor Cal.

Green and Red Leaf -

**Iceberg lettuce -**

**Butter lettuce -**

# Mushrooms

Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.



**Cantaloupe -** Production is slowing down, sizing is getting smaller, and brix are low. **Honeydew -** Production is same as Cantaloupe.

# **Pineapple**

Sizing is Improving, and we will have good volumes October through

#### **Potatoes**

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

> Yukon bakers - Availability is limited and pricing remaining higher than normal Russet - Quality is getting better while pricing is coming down - two months **Kennebec -** Very short right now and the quality is fair at best.

# Squash

Local crops in good supply and quality is very good with low prices as supply is currently exceeding demand.

# **Tomatoes**

Round- EXTREME- supply has tightened up Romas- EXTREME - Switching fields, supply is tight and an early freeze did not help **Grapes-** Product is gapping and will improve over next two weeks Cherry- supply is marginal, quality is down **Heirloom-**both cherry and regular are slowing down.



# **AMENITY FRUIT**

# **Apples**

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy,

Honeycrisp **Bananas** 

Petite Bananas & Lady Finger Bananas

# **Berries**

Blueberries, Blackberries, Raspberries, Gold Raspberries, Strawberries, Gooseberries

# **Grapes**

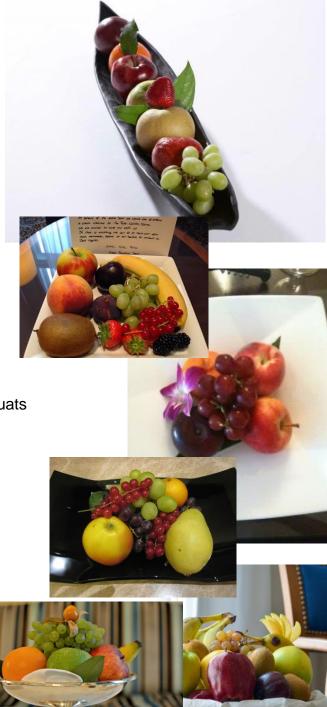
Red Seedless, Black Seedless, Green Seedless Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan Medjool Dates

# **Pears**

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice

# **Citrus**

Tangerines, Blood Orange, Cara Cara Orange, Kumquats







# Nature's Produce

The following items will be available for delivery on December 20<sup>th</sup>, 2018 *All orders must be placed with your sales representative by 12 noon every Tuesday.* 

WEEKLY FARMERS MARKET

Farmers Market items ordered from in house are subject to availability



Local & Sustainable
Celtuce
Gem Lettuce
Mustard Greens
Persian Mint
Breakfast Radish
Borage Blossoms
Mixed Variety Herbs
Red Speckled Romaine
Red Frill Mustard
Greens
Sorrel
Pineapple Guava

#### Gloria Tamai Farms

Local & Sustainable
Beets
Strawberries
Yellow Corn
Tri Color Cauliflower
Green Kale
Black Tuscan Kale
Summer Squash
Mix Cherry Heirloom
Tomato
Winter squashes
Red Beef Steak Tomato

#### Garcia Organics

Local, Organic & Sustainable Tangerines Avocado Lemons and Meyers Oranges



#### Harry's Berries

Local, Sustainable, Organic Gaviota/Seascape Strawberries Cherry Tomatoes Yellow Romano Beans

#### Her Farms

Local & Sustainable
Lemongrass
Bok Choy
Yu Choy Flowers
Leeks
Purple Kale
Fresh Garlic
Green Onions
Pea Tendrils
Chinese Broccoli
Bell Peppers
Long beans
Young Ginger

#### **Coastal Organics**

Local/Organic/Sustainable
Turnips
Radishes
Baby Bok choy
Arugula
Mustard frills
Baby lettuces

#### Maggie's Farms

Local/Organic/Sustainable Baby Spinach Black Kale Baby Green Kale Stellar Mix

# Mesculin Mix

Treviso Radicchio Charger Mix Pea Sprouts Wild Arugula

#### McGrath Farms

Local/Organic/Sustainable
Baby red radish
French Breakfast Radish
Baby Corn
Baby Red Frill Mustard
Greens
Red Frill Mustard
Winter squashes
Marigolds

#### Munak farms

Heirloom tomatoes Celebrity tomatoes

#### Murray Farms

Local & Sustainable
Heart of Palm
Pomegranate
Apples
Asian Pears
Persimmons
Tangerines
Kumquats
Mandriquats
Pomelos
Oro Blanco
Black olives, raw
Lotus plums on branch

#### Polito Farms

Local & Sustainable Avocados Oranges Clementine Tangerines Daisy Tangerines Perfection Tangerines Sweet Juicing Oranges Satsuma Tangerines

#### **Pudwill Farms**

Local & Sustainable Blueberries Blackberries Raspberries Gold Raspberries

#### Briar Patch

Local Butternut squash Persimmons

#### Tutti Frutti Farms

Local/Organic/Sustainable Onions Zucchini Large Summer Squash Large Zucchini Heirloom Tomato Winter squashes Fennel

#### Two Peas in a Pod

Dried Cranberry Beans Dried Scarlett Beans Dried Christmas Limas Dried Cannellini Beans Dried Flagolet Beans

#### Brussel Sprouts Purple Brussels Brussels on stalks

Brussels on stalks Sugarsnap peas

#### Valdivia Farms

Local & Sustainable Heirloom Tomatoes Red Beef Steak Tomatoes Zucchini Blossoms Mixed Baby Tri Carrots Baby Summer Squash

#### Weiser Family Farms

Local & Sustainable
Heirloom Potatoes
Fingerlings
Radishes
Sunchokes
Spigarello
Bloomsdale Spinach
Carrots

#### Fairhill Farms

Local apples Granny Pinklady Fuji

#### Miliken Farms

Local
Broccolini
Shishito

Japanese sweet potato
Sweet Potato
Garlic

#### The Garden Of

Local
Red/Green Gems
Salanova Mixes
Speckled Romaine
Sweet Crisp
Carrots
Puntarelle
Radicchio
Fennel
Blush Tomatoes
Baby Kales

#### Flora Bella

Local
Micro green trays
Mizunas
Russian red kale
Stinging Nettles
Quince
Rapini
Collard Greens
Spigarello
Tokyo Benna Cabbage

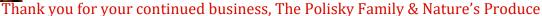
#### Thao Farm

Local
Sprouting Cauliflower
Baby Broccoli
Cauliflower
Sunchokes
Taiwanese Flat Cabbage











from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!

California Espelette Pepper (1.2oz jar) SKU 00221

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

If you are ordering lettuces with us from Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

Babes Farm Tri-color baby carrots (24bu) - SKU 03137

Babes Farm Baby Gem Lettuce (24ct) - SKU 03089

Babes Farm French Breakfast Radish (24ct) - SKU 03239

Rancho La Familia Brussel Sprouts (CS) - SKU 01357

Kenter Canyon Organic Mixed Greens (3#) - SKU 02993

Kenter Canyon Organic Basil (3#) - SKU 02862

California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce

p. 323.235.4343 www.naturesproduce.com f. 323.235.8388





# Vegetables in season

Broccoli Baby Broccoli Brussel Sprouts Beets Cabbage Carrots Tri Color Cauliflower Fennel Green Onions Mustard Greens Kale Parsnips Pea shoots Pea Tendrils Lettuces Spinach Sweet Potato/Yams Swiss Chard Radishes Turnips Winter Squashes

Chicory/Endive

# Fruits in season

Apples Avocado Blueberries Blackberries Blood Oranges Cherimoya Cactus Pears Dragon Fruit Grapefruit Kiwi Kumquats Oranges Passion fruit Pears Pineapple Pomegranates Persimmons Raspberries Tangerine



