



**Market Report
Amenities
Local Farmers Market
Information about local farms
Fruits/Vegetables in season**

December 21st 2018



Asparagus

Supply has leveled off, demand is up with holidays

Avocado

Market supply has bounced back with huge harvest. Prices are coming down as well

Bananas

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

Broccoli, Cauliflower, Broccoli Brussels Sprouts and Green Onions

Broccoli – Supplies will remain tight during transition to Yuma.

Cauliflower-Supplies will remain tight for the next week while transition to Yuma occurs

Broccoli - Market is back to normal and prices are back to being stable.

Brussels Sprouts- Supplies are steady

Green Onions – Market has returned to normal.

Berries

Strawberries - Market has tightened up with the rain in CA and low production

Raspberry - We are seeing some shortages in supply and prices is high. Quality is good.

Blackberries - The market has started to ease and price has come way down. Quality is fair with the recent heat wave, but supply has picked up.

Blueberries - Volume is up and quality is good. Prices are stable.

Bell Peppers and Peppers

Green Bell

Red Bell

Yellow Bell Pepper

All peppers are short on supply as field transitions occur

Carrots

Quality is good and so is the supply

Corn

Yellow Corn – Supply has leveled off

White Corn- Supply has leveled off



Citrus

Limes – The market is starting to stabilize

Lemon - California season has begun which should help the market

Oranges – Local crops have begun

Winter Citrus – Cara caras, melogold, pomelos, kumquats, tangerines, blood oranges

Eggs

Product is back to normal supply and prices have stabilized.

Eggplant

Both sizes are in good supply.

Grapes

This is continuing to be a mixed market out of the Central market out of the Central Valley based on sizing. Smaller size is more consistently available and better quality on both red and green colors. We are seeing good volume in supply and price remains stable.

Kiwi

California supplies are very limited with prices increasing. Market is expected to remain firm for next 4 weeks until supplies pick up.

Lettuce

All lettuces are tight due to shortage and demand stemming from the romaine problem.

ROMAINE- All our sources are from Yuma area. We have no product from Salinas or Nor Cal.

Green and Red Leaf -

Iceberg lettuce -

Butter lettuce -

Mushrooms

Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.



Melons

Cantaloupe - Production is slowing down, sizing is getting smaller, and brix are low.

Honeydew - Production is same as Cantaloupe.

Pineapple

Steady volume

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

Squash

Local crops in good supply and quality is good

Tomatoes

Round- EXTREME- supply has tightened up

Romas- EXTREME - Switching fields, supply is tight and an early freeze did not help

Grapes- Product is gapping and will improve over next two weeks

Cherry- supply is marginal, quality is down

Heirloom-both cherry and regular are slowing down.

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy, Honeycrisp

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Gold Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats





Nature's Produce



The following items will be available for delivery on December 27th, 2018
 All orders must be placed with your sales representative by 12 noon MONDAY due to Christmas.

Coleman Farms:

- Local & Sustainable
- Celtuce
- Gem Lettuce
- Mustard Greens
- Persian Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Greens
- Sorrel
- Pineapple Guava

Gloria Tamai Farms

- Local & Sustainable
- Beets
- Strawberries
- Tri Color Cauliflower
- Green Kale
- Black Tuscan Kale
- Summer Squash
- Mix Cherry Heirloom Tomato
- Winter squashes
- Red Beef Steak Tomato

Garcia Organics

- Local, Organic & Sustainable
- Tangerines
- Avocado
- Lemons and Meyers
- Oranges

Harry's Berries

- Local, Sustainable, Organic
- Gaviota/Seascape
- Strawberries
- Cherry Tomatoes
- Yellow Romano Beans

Her Farms

- Local & Sustainable
- Lemongrass
- Bok Choy
- Yu Choy Flowers
- Leeks
- Purple Kale
- Fresh Garlic
- Green Onions
- Pea Tendrils
- Chinese Broccoli
- Bell Peppers
- Long beans
- Young Ginger

Coastal Organics

- Local/Organic/Sustainable
- Turnips
- Radishes
- Baby Bok choy
- Arugula
- Mustard frills
- Baby lettuces

Maggie's Farms

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix

- Treviso
- Radicchio
- Charger Mix
- Pea Sprouts
- Wild Arugula

McGrath Farms

- Local/Organic/Sustainable
- Baby red radish
- French Breakfast Radish
- Baby Corn
- Baby Red Frill Mustard
- Greens
- Red Frill Mustard
- Winter squashes
- Marigolds

Murray Farms

- Local & Sustainable
- Heart of Palm
- Pomegranate
- Apples
- Asian Pears
- Haychia Persimmons
- Tangerines
- Kumquats
- Mandriquats
- Tahitian Pomelos
- Oro Blanco
- Turaco Blood Orange
- Lotus plums on branch

Polito Farms

- Local & Sustainable
- Avocados
- Oranges
- Clementine Tangerines
- Daisy Tangerines

- Perfection Tangerines
- Sweet Juicing Oranges
- Satsuma Tangerines

Pudwill Farms

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries
- Gold Raspberries

Briar Patch

- Local
- Butternut squash
- Persimmons

Tutti Frutti Farms

- Local/Organic/Sustainable
- Onions
- Zucchini
- Large Summer Squash
- Large Zucchini
- Heirloom Tomato
- Winter squashes
- Fennel

Two Peas in a Pod

- Dried Cranberry Beans
- Dried Scarlett Beans
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Brussel Sprouts
- Purple Brussels
- Brussels on stalks
- Sugarsnap peas

Valdivia Farms

- Local & Sustainable
- Heirloom Tomatoes
- Red Beef Steak Tomatoes
- Zucchini Blossoms
- Mixed Baby Tri Carrots
- Baby Summer Squash

Weiser Family Farms

- Local & Sustainable
- Heirloom Potatoes
- Fingerlings
- Radishes
- Sunchokes
- Spigarello
- Bloomsdale Spinach
- Carrots

Fairhill Farms

- Local apples
- Granny
- Pinklady
- Fuji

Miliken Farms

- Local
- Broccolini
- Shishito
- Japanese sweet potato
- Sweet Potato
- Garlic

The Garden Of

- Local
- Red/Green Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp

- Carrots
- Puntarello
- Radicchio
- Fennel
- Blush Tomatoes
- Baby Kales

Flora Bella

- Local
- Micro green trays
- Mizunas
- Russian red kale
- Stinging Nettles
- Quince
- Rapini
- Collard Greens
- Spigarello
- Tokyo Benna Cabbage

Thao Farm

- Local
- Sprouting Cauliflower
- Baby Broccoli
- Cauliflower
- Sunchokes
- Taiwanese Flat Cabbage



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!

California Espelette Pepper (1.2oz jar) SKU 00221

Polito Farms Oranges (40# Case) - SKU 01048

THE GARDEN OF WILL NOT BE AT THE MARKET AGAIN UNTIL 1/9

Mike and Sons Eggs (15dz) - SKU 04233

If you are ordering lettuces with us from Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

Babes Farm Tri-color baby carrots (24bu) - SKU 03137

Babes Farm Baby Gem Lettuce (24ct) - SKU 03089

Babes Farm French Breakfast Radish (24ct) - SKU 03239

Rancho La Familia Brussel Sprouts (CS) - SKU 01357

Kenter Canyon Organic Mixed Greens (3#) - SKU 02993

Kenter Canyon Organic Basil (3#) - SKU 02862

California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce



Market Flash:

Vegetables in season

- Chicory/Endive
- Broccoli
- Baby Broccoli
- Brussel Sprouts
- Beets
- Cabbage
- Carrots
- Tri Color
- Cauliflower
- Fennel
- Green Onions
- Mustard Greens
- Kale
- Parsnips
- Pea shoots
- Pea Tendrils
- Lettuces
- Spinach
- Sweet Potato/Yams
- Swiss Chard
- Radishes
- Turnips
- Winter Squashes

Fruits in season

- Apples
- Avocado
- Blueberries
- Blackberries
- Blood Oranges
- Cherimoya
- Cactus Pears
- Dragon Fruit
- Grapefruit
- Kiwi
- Kumquats
- Oranges
- Passion fruit
- Pears
- Pineapple
- Pomegranates
- Persimmons
- Raspberries
- Tangerine



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