



**Market Report  
Amenities  
Local Farmers Market  
Information about local farms  
Fruits/Vegetables in season**

**December 28<sup>th</sup> 2018**



### **Asparagus**

Supply has leveled off, demand is up with holidays

### **Avocado**

Market supply has bounced back with huge harvest. Prices are coming down as well

### **Bananas**

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

### **Broccoli, Cauliflower, Broccoli Brussels Sprouts and Green Onions**

**Broccoli** – Supplies have improved.

**Cauliflower**-Supplies have improved

**Broccoli** - Market is back to normal and prices are back to being stable.

**Brussels Sprouts**- Supplies are steady

**Green Onions** – Market has returned to normal.

### **Berries**

**Strawberries** - Market has tightened up with the rain in CA and low production

**Raspberry** - We are seeing some shortages in supply and prices is high. Quality is good.

**Blackberries** - The market has started to ease and price has come way down. Quality is fair with the recent heat wave, but supply has picked up.

**Blueberries** - Volume is up and quality is good. Prices are stable.

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**All peppers are short on supply as field transitions occur**

### **Carrots**

Quality is good and so is the supply

### **Corn**

**Yellow Corn** – Supply has leveled off

**White Corn**- Supply has leveled off



### **Citrus**

**Limes** – The market is starting to stabilize

**Lemon** - California season has begun which should help the market

**Oranges** – Local crops have begun

**Winter Citrus** – Cara caras, melogold, pomelos, kumquats, tangerines, blood oranges

### **Eggs**

Product is back to normal supply and prices have stabilized.

### **Eggplant**

Both sizes are in good supply.

### **Grapes**

This is continuing to be a mixed market out of the Central market out of the Central Valley based on sizing. Smaller size is more consistently available and better quality on both red and green colors. We are seeing good volume in supply and price remains stable.

### **Kiwi**

California supplies are very limited with prices increasing. Market is expected to remain firm for next 4 weeks until supplies pick up.

### **Lettuce**

**Market has improved and all lettuces are steady.**

**ROMAINE-** All our sources are from Yuma area. We have no product from Salinas or Nor Cal.

**Green and Red Leaf -**

**Iceberg lettuce -**

**Butter lettuce -**

### **Mushrooms**

**Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.**



## Melons

**Cantaloupe** - Production is slowing down, sizing is getting smaller, and brix are low.

**Honeydew** - Production is same as Cantaloupe.

## Pineapple

Steady volume

## Potatoes

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

## Squash

Local crops in good supply and quality is good

## Tomatoes

**Round- EXTREME-** supply has tightened up

**Romas- EXTREME** - Switching fields, supply is tight and an early freeze did not help

**Grapes-** Product is gapping and will improve over next two weeks

**Cherry-** supply is marginal, quality is down

**Heirloom-**both cherry and regular are slowing down.

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy, Honeycrisp

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Gold Raspberries, Strawberries, Gooseberries

### Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice

### Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats







The following items will be available for delivery on January 2<sup>nd</sup>, 2018  
 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**

- Local & Sustainable
- Celtuce
- Gem Lettuce
- Mustard Greens
- Persian Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Greens
- Sorrel
- Pineapple Guava

**Gloria Tamai Farms**

- Local & Sustainable
- Beets
- Strawberries
- Tri Color Cauliflower
- Green Kale
- Black Tuscan Kale
- Summer Squash
- Mix Cherry Heirloom Tomato
- Winter squashes
- Red Beef Steak Tomato

**Garcia Organics**

- Local, Organic & Sustainable
- Tangerines
- Avocado
- Lemons and Meyers
- Oranges

**Harry's Berries**

- Local, Sustainable, Organic
- Gaviota/Seascape
- Strawberries
- Cherry Tomatoes
- Yellow Romano Beans

**Her Farms**

- Local & Sustainable
- Lemongrass
- Bok Choy
- Yu Choy Flowers
- Leeks
- Purple Kale
- Fresh Garlic
- Green Onions
- Pea Tendrils
- Chinese Broccoli
- Bell Peppers
- Long beans
- Young Ginger

**Coastal Organics**

- Local/Organic/Sustainable
- Turnips
- Radishes
- Baby Bok choy
- Arugula
- Mustard frills
- Baby lettuces

**Maggie's Farms**

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix

- Treviso
- Radicchio
- Charger Mix
- Pea Sprouts
- Wild Arugula

**McGrath Farms**

- Local/Organic/Sustainable
- Baby red radish
- French Breakfast Radish
- Baby Corn
- Baby Red Frill Mustard
- Greens
- Red Frill Mustard
- Winter squashes
- Marigolds

**Murray Farms**

- Local & Sustainable
- Heart of Palm
- Pomegranate
- Apples
- Asian Pears
- Haychia Persimmons
- Tangerines
- Kumquats
- Mandriquats
- Tahitian Pomelos
- Oro Blanco
- Turaco Blood Orange
- Lotus plums on branch

**Polito Farms**

- Local & Sustainable
- Avocados
- Oranges
- Clementine Tangerines
- Daisy Tangerines

- Perfection Tangerines
- Sweet Juicing Oranges
- Satsuma Tangerines

**Pudwill Farms**

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries
- Gold Raspberries

**Briar Patch**

- Local
- Butternut squash
- Persimmons

**Tutti Frutti Farms**

- Local/Organic/Sustainable
- Onions
- Zucchini
- Large Summer Squash
- Large Zucchini
- Heirloom Tomato
- Winter squashes
- Fennel

**Two Peas in a Pod**

- Dried Cranberry Beans
- Dried Scarlett Beans
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Brussel Sprouts
- Purple Brussels
- Brussels on stalks
- Sugarsnap peas

**Valdivia Farms**

- Local & Sustainable
- Heirloom Tomatoes
- Red Beef Steak Tomatoes
- Zucchini Blossoms
- Mixed Baby Tri Carrots
- Baby Summer Squash

**Weiser Family Farms**

- Local & Sustainable
- Heirloom Potatoes
- Fingerlings
- Radishes
- Sunchokes
- Spigarello
- Bloomsdale Spinach
- Carrots

**Fairhill Farms**

- Local apples
- Granny
- Pinklady
- Fuji

**Miliken Farms**

- Local
- Broccolini
- Shishito
- Japanese sweet potato
- Sweet Potato
- Garlic

**The Garden Of**

- Local
- Red/Green Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp

- Carrots
- Puntarello
- Radicchio
- Fennel
- Blush Tomatoes
- Baby Kales

**Flora Bella**

- Local
- Micro green trays
- Mizunas
- Russian red kale
- Stinging Nettles
- Quince
- Rapini
- Collard Greens
- Spigarello
- Tokyo Benna Cabbage

**Thao Farm**

- Local
- Sprouting Cauliflower
- Baby Broccoli
- Cauliflower
- Sunchokes
- Taiwanese Flat Cabbage



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**

**Polito Farms Oranges (40# Case) - SKU 01048**

**Mike and Sons Eggs (15dz) - SKU 04233**

**Babes Farm Tri-color baby carrots (24bu) - SKU 03137**

**Babes Farm Baby Gem Lettuce (24ct) - SKU 03089**

**Babes Farm French Breakfast Radish (24ct) - SKU 03239**

**Kenter Canyon Organic Mixed Greens (3#) - SKU 02993**

**Kenter Canyon Organic Basil (3#) - SKU 02862**

**California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116**

**California Espelette Pepper (1.2oz jar) SKU 00221**

**THE GARDEN OF WILL NOT BE AT THE MARKET AGAIN UNTIL 1/9  
THAO FARM WILL NOT RETURN TO SAT MARKET UNTIL 1/12**

If you are ordering lettuces with us from Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

**Thank you for your continued business, The Polisky Family & Nature's Produce**





# Market Flash:

## Vegetables in season

- Chicory/Endive
- Broccoli
- Baby Broccoli
- Brussel Sprouts
- Beets
- Cabbage
- Carrots
- Tri Color
- Cauliflower
- Fennel
- Green Onions
- Mustard Greens
- Kale
- Parsnips
- Pea shoots
- Pea Tendrils
- Lettuces
- Spinach
- Sweet Potato/Yams
- Swiss Chard
- Radishes
- Turnips
- Winter Squashes

## Fruits in season

- Apples
- Avocado
- Blueberries
- Blackberries
- Blood Oranges
- Cherimoya
- Cactus Pears
- Dragon Fruit
- Grapefruit
- Kiwi
- Kumquats
- Oranges
- Passion fruit
- Pears
- Pineapple
- Pomegranates
- Persimmons
- Raspberries
- Tangerine



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