



Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season

March 22nd 2018



Asparagus

Supply is very tight with field transitions as well as harsh weather in Mexico

Avocado

Cold weather in Mexico will have a direct affect on supply. Smaller sizing is tight.

Bananas

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions

Broccoli – Supplies are tight with cold weather and rain, prices will fluctuate

Cauliflower-Supplies are tight with cold weather and rain, prices will fluctuate

Broccoli - Market is very short and pricing is prorated. The rain and freezing temperatures have highly affected growth and harvest.

This will persist for possibly another month. Please think about substituting.

Brussels Sprouts- Supplies are steady

Green Onions – Market has tightened up due to rain and mud in the fields causing longer harvest times.

Berries

Strawberries - Market is steady with increased volumes coming in April with warmer and more dry weather

Raspberry – Steady supply

Blackberries – The quality is good.

Blueberries - Volume is steady.

Bell Peppers and Peppers

Green Bell

Red Bell

Yellow Bell Pepper

Anaheim's, Jalapeno, Habanero

All peppers are short on supply

Celery

Supply is tight and price has jumped substantially

Corn

Yellow Corn – Supply has leveled off

White Corn- Supply has leveled off



Citrus

Limes – The market very active and prices are up in some areas

Lemon – The market is steady

Oranges – The market is steady

Winter Citrus – Cara caras, pomelos, kumquats, tangerines, blood oranges

Eggs

Product is at normal supply

Eggplant

Supply is currently steady

Grapes

We are seeing good volume in supply and price remains stable.

Lettuce

Romaines- Supply is steady, with hearts down in quality due to weather

Green and Red Leaf – Supplies are fairly steady

Iceberg lettuce - Market has slowly returned to normal, but supplies are still down

Butter lettuce – Supply, demand, and quality are good

Mushrooms

Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.



Melons

Cantaloupe - Production is down, quality is down

Honeydew - Production is same as Cantaloupe.

Pineapple

Steady volume

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

Squash

Local crops in good supply and quality is good

Tomatoes

Round- EXTREME- supply has loosened up, but quality and color is fair

Romas- Prices are down, with new crop beginning

Grapes- Product is gapping and will improve over next two weeks

Cherry- supply is good, quality is fair

Heirloom- supply is good, quality is fair, lots of unripe fruit

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy, Honeycrisp

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice, Yali

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Clementines, Mandarins





The following items will be available for delivery on March 28th 2018
 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

Coleman Farms:

- Local & Sustainable
- Green Garlic
- Celtuce
- Cardoons
- Gem Lettuce
- Mustard Greens
- Persian Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Bloomsdale Spinach
- Chickweed
- New Zealand Spinach
- Baby Broccoli
- Arugula Blossoms
- Radish Blossoms
- Calendulas

Gloria Tamai Farms

- Local & Sustainable
- Beets
- Strawberries
- Tri Color Cauliflower
- Green Kale
- Black Tuscan Kale
- Mix Cherry Heirloom
- Tomato
- Red Beef Steak Tomato
- Romanesco
- Bloomsdale

Garcia Organics

- Local, Organic & Sustainable

- Tangerines
- Avocado
- Meyers Lemons
- Mandriquats
- Oro Blanco
- Pink Grapefruit

Harry's Berries

- Local, Sustainable, Organic
- Gaviota Strawberries

Her Farms

- Local & Sustainable
- Bok Choy
- Yu Choy
- Leeks
- Sweet potato
- Green Onions
- Pea Tendrils
- Chinese Broccoli
- Celery Root
- Green Garlic

Coastal Organics

- Local/Organic/Sustainable
- Hinona Kabu Turnips
- Arugula
- Mixed lettuces
- Beets
- Pea Tendrils
- Curly Spigarello

Maggie's Farms

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale

- Stellar Mix
- Mesculin Mix
- Treviso
- Radicchio
- Charger Mix

McGrath Farms

- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Rapini blossoms
- Corn Blossoms
- Oyster Mushrooms
- Stinging Nettles
- Strawberries
- Green Strawberries
- Arugula Blossoms

Murray Farms

- Local & Sustainable
- Heart of Palm-order early
- Tangerines
- Kumquats
- Golden Nuggets
- Late Navel Oranges
- Avocado
- Pink Oyster Mushroom
- Fairytale Mushroom
- Raisins

Polito Farms

- Local & Sustainable
- Avocados
- Oranges
- Satsuma Tangerines
- Tom Terrific Tangerines
- Valencia Juicing Oranges

Pudwill Farms

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries
- Fraise du bois (very limited)

Tutti Frutti Farms

- Local/Organic/Sustainable
- Onions
- Carrots
- Cauliflower
- Fennel
- Chanterelles
- Sugar Snap Peas -April
- English Peas
- Snow Peas
- Artichokes
- Bloomsdale Spinach

Two Peas in a Pod

- Dried Cranberry Beans
- Dried Scarlett Runners
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Brussel Sprouts
- Purple Brussels
- Brussels on stalks
- Kalettes

Valdivia Farms

- Local & Sustainable
- Heirloom Tomatoes
- Red Beef Steak Tomatoes
- Mixed Baby Tri Carrots

Weiser Family Farms

- Local & Sustainable
- Alaskan Myrna Potatoes
- Fingerlings
- Honeydew radish
- Watermelon Radish
- Sunchokes
- Parsnips
- Carrots
- Treviso
- Salsify

Cuyama Orchards

- Local apples Organic
- Pink Lady
- Arkansas Black
- Sundowners

Flora Bella

- Local
- Micro green trays
- Mizunas
- Russian red kale
- Stinging Nettles
- Rapini
- Collard Greens
- Spigarello
- Chickweed
- Miners Lettuce
- Smoking Woods

Thao Farm

- Local (Saturday only)
- Broccoli
- Romanesco

Celery Root

- Swiss Chard
- Sunchokes
- Taiwanese Flat Cabbage
- Yams
- Satsuma Yams
- Mountain Yams
- Leeks
- Bok choy
- Yu choy

JJ Lone Ranch

- Local
- Avocado
- Grapefruit
- Blood Orange
- Pink Lemons

The Garden Of

- Local
- Mon 12pm cutoff
- Red/Green Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp
- Radicchio
- Treviso
- Fennel

Girl N Dug Farms
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

Babes Farm Tri-color baby carrots (24bu) - SKU 03137

Babes Farm Baby Gem Lettuce (24ct) - SKU 03089

Babes Farm French Breakfast Radish (24ct) - SKU 03239

Weiser Farms Sunchokes (10#) - SKU 62640

Weiser Farms Parsnips (10#) - SKU 02173

California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116

California Espelette Pepper (1.2oz jar) SKU 00221

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

We have recently begun working with Girl N Dug Farms out of San Marcos. They do not do any farmers markets and are working directly with us and our warehouse. Please speak to your rep about product availability.

Spring is just around the corner for local produce. We have seen a little English, snow, and sugar snaps show their faces at the markets and some will be back in a month. Garlic scapes are available in very limited quantity so speak to your rep if you would like to get ahold of some.

Green Almonds, Fiddlehead Ferns, and Ramps are about 2 or 3 weeks away. Morels are still a bit sandy for local product but they are available out of Northern California. California Chanterelles and Black Trumpets are best bets for mushrooms right now. Murray farm expects to have their first round of cherries for market on April 17th.

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce



Market Flash:

Vegetables in season

- Chicory/Endive
- Broccoli
- Baby Broccoli
- Brussel Sprouts
- Beets
- Cabbage
- Carrots
- Cauliflower
- Celery Root
- Fennel
- Green Onions
- Mustard Greens
- Kale
- Parsnips
- Pea Tendrils
- Lettuces
- Spinach
- Sweet Potato/Yams
- Swiss Chard
- Radishes
- Romanesco
- Turnips

Fruits in season

- Avocado
- Blueberries
- Blackberries
- Blood Oranges
- Cherimoya
- Cactus Pears
- Dragon Fruit
- Grapefruit
- Kiwi
- Kumquats
- Mandarins
- Oranges
- Oro Blanco
- Passion fruit
- Pineapple
- Pomelos
- Raspberries
- Tangerine



Thank you for your continued business, The Polisky Family & Nature's Produce