

Market Report Amenities Local Farmers Market Local Products List Fruits/Vegetables in season

March 22<sup>nd</sup> 2018



Asparagus Supply is very tight with field transitions as well as harsh weather in Mexico

## Avocado

Cold weather in Mexico will have a direct affect on supply. Smaller sizing is tight.

## **Bananas**

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

## Broccoli, Cauliflower, Broccolini. Brussels Sprouts, and Green Onions

Broccoli – Supplies are tight with cold weather and rain, prices will fluctuate
Cauliflower-Supplies are tight with cold weather and rain, prices will fluctuate
Broccolini - Market is very short and pricing is prorated. The rain and freezing temperatures have highly affected growth and harvest. This will persist for possibly another month. Please think about substituting.

**Brussels Sprouts-** Supplies are steady **Green Onions** – Market has tightened up due to rain and mud in the fields causing longer harvest times.

## **Berries**

Strawberries - Market is steady with increased volumes coming in April with warmer and more dry weather Raspberry – Steady supply Blackberries – The quality is good. Blueberries - Volume is steady.

### Bell Peppers and Peppers Green Bell Red Bell Yellow Bell Pepper Anaheim's, Jalapeno, Habanero All peppers are short on supply

## **Celery** Supply is tight and price has jumped substantially

## **Corn** Yellow Corn – Supply has leveled off White Corn- Supply has leveled off



Citrus Limes – The market very active and prices are up in some areas Lemon – The market is steady Oranges – The market is steady Winter Citrus – Cara caras, pomelos, kumquats, tangerines, blood oranges

> **Eggs** Product is at normal supply

**Eggplant** Supply is currently steady

**Grapes** We are seeing good volume in supply and price remains stable.

## Lettuce

Romaines- Supply is steady, with hearts down in quality due to weather
Green and Red Leaf – Supplies are fairly steady
Iceberg lettuce - Market has slowly returned to normal, but supplies are still down
Butter lettuce – Supply, demand, and quality are good

## Mushrooms

Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.



Melons Cantaloupe - Production is down, quality is down Honeydew - Production is same as Cantaloupe.

## Pineapple

Steady volume

## **Potatoes**

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

Yukon bakers - Availability is limited and pricing remaining higher than normal Russet - Quality is getting better while pricing is coming down - two months Kennebec - Very short right now and the quality is fair at best.

## Squash

Local crops in good supply and quality is good

## Tomatoes

Round- EXTREME- supply has loosened up, but quality and color is fair

Romas- Prices are down, with new crop beginning Grapes- Product is gapping and will improve over next two weeks Cherry- supply is good, quality is fair Heirloom- supply is good, quality is fair, lots of unripe fruit



## **AMENITY FRUIT**

## Apples

Baby: Gala, Granny, Fuji & Red Delicious Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy, Honeycrisp

## Bananas

Petite Bananas & Lady Finger Bananas

## Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

## Grapes

Red Seedless, Black Seedless, Green Seedless Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan Medjool Dates

## Pears

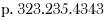
Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice, Yali

## Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Clementines, Mandarins









#### WEEKLY FARMERS MARKET

The following items will be available for delivery on March 28<sup>th</sup> 2018 All orders must be placed with your sales representative by 12 noon Tuesday.

**Coleman Farms:** 

Local & Sustainable Green Garlic Celtuce Cardoons Gem Lettuce Mustard Greens Persian Mint Breakfast Radish **Borage Blossoms** Mixed Variety Herbs **Red Speckled Romaine Red Frill Mustard Bloomsdale Spinach** Chickweed New Zealand Spinach Baby Broccoli Arugula Blossoms Radish Blossoms Calendulas

#### Gloria Tamai Farms

Local & Sustainable Beets Strawberries Tri Color Cauliflower Green Kale Black Tuscan Kale Mix Cherry Heirloom Tomato Red Beef Steak Tomato Romanesco Bloomsdale

#### Garcia Organics

Local, Organic & Sustainable



Tangerines Avocado Meyers Lemons Mandriguats Oro Blanco Pink Grapefruit

#### Harry's Berries

Local, Sustainable, Organic Gaviota Strawberries

#### Her Farms

Local & Sustainable Bok Chov Yu Chov Leeks Sweet potato Green Onions Pea Tendrils Chinese Broccoli **Celery Root** Green Garlic

#### **Coastal Organics**

Local/Organic/Sustainable Hinona Kabu Turnips Arugula Mixed lettuces Beets Pea Tendrils Curly Spigarello

#### Maggie's Farms

Local/Organic/Sustainable Baby Spinach Black Kale Baby Green Kale



#### Farmers Market items ordered from in house are subject to availability

Stellar Mix Mesculin Mix Treviso Radicchio Charger Mix

#### **McGrath Farms**

Local/Organic/Sustainable **Baby Beets Red Frill Mustard** Rapini blossoms Corn Blossoms **Ovster Mushrooms** Stinging Nettles Strawberries Green Strawberries Arugula Blossoms

## **Murrav Farms**

Local & Sustainable Heart of Palm-order

#### early Tangerines Kumquats **Golden Nuggets** Late Navel Oranges Avocado Pink Oyster Mushroom Fairvtale Mushroom Raisins

#### Polito Farms

Local & Sustainable Avocados Oranges Satsuma Tangerines **Tom Terrific Tangerines** Valencia Juicing Oranges



#### Pudwill Farms Local & Sustainable

Blueberries Blackberries Raspberries Fraise du bois (verv limited)

Nature's Produce

#### Tutti Frutti Farms

Local/Organic/Sustainable Onions Carrots Cauliflower Fennel Chanterelles Sugar Snap Peas - April **English** Peas Snow Peas Artichokes Bloomsdale Spinach

#### Two Peas in a Pod

Dried Cranberry Beans **Dried Scarlett Runners** Dried Christmas Limas Dried Cannellini Beans Dried Flagolet Beans **Brussel Sprouts Purple Brussels** Brussels on stalks Kalettes

#### Valdivia Farms

Local & Sustainable Heirloom Tomatoes Red Beef Steak Tomatoes Mixed Baby Tri Carrots





#### **Cuvama Orchards**

Local apples Organic

Pink Lady Arkansas Black Sundowners

Salsify

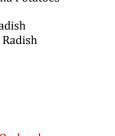
#### Flora Bella

Local Micro green trays Mizunas Russian red kale Stinging Nettles Rapini **Collard Greens** Spigarello Chickweed Miners Lettuce Smoking Woods

#### Thao Farm

Local (Saturday only) Broccoli Romanesco





#### Celery Root Swiss Chard Sunchokes Taiwanese Flat Cabbage Yams Satsuma Yams Mountain Yams Leeks Bok chov Yu choy

### **II Lone Ranch**

Local Avocado Grapefruit **Blood Orange** Pink Lemons

#### The Garden Of

Local Mon 12pm cutoff Red/Green Gems Salanova Mixes Speckled Romaine Sweet Crisp Radicchio Treviso Fennel

Girl N Dug Farms Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!

Polito Farms Oranges (40# Case) – SKU 01048

Mike and Sons Eggs (15dz) – SKU 04233

Babes Farm Tri-color baby carrots (24bu) - SKU 03137

Babes Farm Baby Gem Lettuce (24ct) - SKU 03089

Babes Farm French Breakfast Radish (24ct) - SKU 03239

Weiser Farms Sunchokes (10#) - SKU 62640

Weiser Farms Parsnips (10#) - SKU 02173

California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116

California Espelette Pepper (1.2oz jar) SKU 00221

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

We have recently begun working with Girl N Dug Farms out of San Marcos. They do not do any farmers markets and are working directly with us and our warehouse. Please speak to your rep about product availability.

Spring is just around the corner for local produce. We have seen a little English, snow, and sugar snaps show their faces at the markets and some will be back in a month. Garlic scapes are available in very limited quantity so speak to your rep if you would like to get ahold of some.

Green Almonds, Fiddlehead Ferns, and Ramps are about 2 or 3 weeks away. Morels are still a bit sandy for local product but they are available out of Northern California. California Chanterelles and Black Trumpets are best bets for mushrooms right now. Murray farm expects to have their first round of cherries for market on April 17<sup>th</sup>.

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce

www.naturesproduce.com

# Market Flash:



## Vegetables in season

Chicory/Endive Broccoli Baby Broccoli Brussel Sprouts Beets Cabbage Carrots Cauliflower Celery Root Fennel Green Onions Mustard Greens Kale Parsnips Pea Tendrils Lettuces Spinach Sweet Potato/Yams Swiss Chard Radishes Romanesco Turnips

## Fruits in season

Avocado Blueberries Blackberries Blood Oranges Cherimoya Cactus Pears Dragon Fruit Grapefruit Kiwi Kumquats Mandarins Oranges Oro Blanco Passion fruit Pineapple Pomelos Raspberries Tangerine



Thank you for your continued business, The Polisky Family & Nature's Produce

www.naturesproduce.com