



**Market Report**  
**Amenities**  
**Local Farmers Market**  
**Local Products List**  
**Fruits/Vegetables in season**

**April 1<sup>st</sup> 2019**



### **Asparagus**

Supply is very tight with field transitions as well as harsh weather in Mexico.  
LOCAL ASPARAGUS IS IN STOCK IN LARGE SIZING – SKU #01371

### **Avocado**

Cold weather in Mexico will have a direct affect on supply. Smaller sizing is tight.

### **Bananas**

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

### **Broccoli, Cauliflower, Broccolini, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies are tight with cold weather and rain, prices will fluctuate

**Cauliflower**-Supplies are tight with cold weather and rain, prices will fluctuate

**Broccolini** - Market is very short and pricing is prorated. The rain and freezing temperatures have highly affected growth and harvest.

This will persist for possibly another month. Please think about substituting.

**Brussels Sprouts**- Supplies are steady

**Green Onions** – Market has tightened up due to rain and mud in the fields causing longer harvest times.

### **Berries**

**Strawberries** - Market is steady with increased volumes coming in April with warmer and more dry weather

**Raspberry** – Steady supply

**Blackberries** – The quality is good.

**Blueberries** - Volume is steady.

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**Anaheim's, Jalapeno, Habanero**

**All peppers are short on supply**

### **Celery**

Supply is tight and price has jumped substantially

### **Corn**

**Yellow Corn** – Supply has leveled off

**White Corn**- Supply has leveled off



### **Citrus**

**Limes** – The market very active and prices are up in some areas

**Lemon** – The market is steady

**Oranges** – The market is steady

**Winter Citrus** – Cara caras, pomelos, kumquats, tangerines, blood oranges

### **Eggs**

Product is at normal supply

### **Eggplant**

Supply is currently steady

### **Grapes**

We are seeing good volume in supply and price remains stable.

### **Lettuce**

**Romaines-** Supply is steady, with hearts down in quality due to weather

**Green and Red Leaf** – Supplies are fairly steady

**Iceberg lettuce** - Market has slowly returned to normal, but supplies are still down

**Butter lettuce** – Supply, demand, and quality are good

### **Mushrooms**

**Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.**



### **Melons**

**Cantaloupe** - Production is down, quality is down

**Honeydew** - Production is same as Cantaloupe.

### **Pineapple**

Steady volume

### **Potatoes**

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

### **Squash**

Local crops in good supply and quality is good

### **Tomatoes**

**Round- EXTREME-** supply has loosened up, but quality and color is fair

**Romas-** Prices are down, with new crop beginning

**Grapes-** Product is gapping and will improve over next two weeks

**Cherry-** supply is good, quality is fair

**Heirloom-** supply is good, quality is fair, lots of unripe fruit

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Envy, Honeycrisp

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

### Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Comice, Yali

### Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Clementines, Mandarins





The following items will be available for delivery on April 1<sup>st</sup> 2019  
 All orders must be placed with your sales representative by 12 noon Tuesday.  
 Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**

- Local & Sustainable
- Purple Snow Peas
- Celtuce
- Cardoons
- Gem Lettuce
- Mustard Greens
- Persian Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Spinach
- New Zealand Spinach
- Baby Broccoli
- Arugula Blossoms
- Radish Blossoms
- Calendulas

- Avocado
- Meyers Lemons
- Mandriquets
- Oro Blanco
- Pink Grapefruit

**Harry's Berries**

- Local, Sustainable,
- Organic
- Gaviota Strawberries

**Her Farms**

- Local & Sustainable
- Bok Choy
- Yu Choy
- Leeks
- Sweet potato
- Green Onions
- Pea Tendrils
- Chinese Broccoli
- Celery Root
- Green Garlic

**Coastal Organics**

- Local/Organic/Sustainable
- Hinona Kabu Turnips
- Arugula
- Mixed lettuces - gapping
- Beets
- Pea Tendrils
- Curly Spigarello

**Maggie's Farms**

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix

- Mesculin Mix
- Treviso
- Radicchio
- Charger Mix

**McGrath Farms**

- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Rapini blossoms
- Corn Blossoms
- Oyster Mushrooms
- Stinging Nettles
- Strawberries
- Green Strawberries
- Arugula Blossoms

**Murray Farms**

- Local & Sustainable
- Heart of Palm-order early
- Tangerines
- Kumquats
- Golden Nuggets
- Late Navel Oranges
- Avocado
- Pink Oyster Mushroom
- Fairytail Mushroom
- Raisins

**Polito Farms**

- Local & Sustainable
- Avocados
- Oranges
- Satsuma Tangerines
- Tom Terrific Tangerines
- Valencia Juicing Oranges

**Pudwill Farms**

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries
- Fraise du bois (very limited)

**Tutti Frutti Farms**

- Local/Organic/Sustainable
- Onions
- Carrots
- Cauliflower
- Fennel
- Chanterelles
- Sugar Snap Peas -April
- English Peas - April
- Fava Beans - April
- Snow Peas
- Artichokes
- Bloomsdale Spinach

**Two Peas in a Pod**

- Dried Cranberry Beans
- Dried Scarlett Runners
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Brussel Sprouts
- Purple Brussels
- Brussels on stalks
- Kalettes

**Valdivia Farms**

- Local & Sustainable
- Heirloom Tomatoes
- Red Beef Steak Tomatoes
- Mixed Baby Tri Carrots

**Weiser Family Farms**

- Local & Sustainable
- Alaskan Myrna Potatoes
- Fingerlings
- Honeydew radish
- Watermelon Radish
- Sunchokes
- Parsnips
- Carrots
- Treviso
- Salsify

**Cuyama Orchards**

- Local apples
- Organic
- Pink Lady
- Arkansas Black
- Fuji

**Flora Bella**

- Local
- Micro green trays
- Mizunas
- Russian red kale
- Stinging Nettles
- Rapini
- Collard Greens
- Purple Brussels
- Chickweed
- Miners Lettuce
- Smoking Woods

**Thao Farm**

- Local (Saturday only)
- Sprouting Broccoli - limited

- Sprouting Cauli - limited
- Celery Root
- Swiss Chard
- Sunchokes
- Taiwanese Flat Cabbage
- Yams
- Satsuma Yams
- Mountain Yams
- Leeks
- Bok choy
- Yu choy

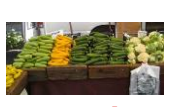
**JJ Lone Ranch**

- Local
- Avocado
- Grapefruit
- Blood Orange
- Pink Lemons

**The Garden Of**

- Local
- Mon 12pm cutoff
- Red/Green Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp
- Radicchio
- Treviso
- Fennel

**Girl N Dug Farms**  
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**

**Asparagus (Large, 11# case) Ippolito Farms - SKU 01371**

**California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116**

**Polito Farms Oranges (40# Case) - SKU 01048**

**California Espelette Pepper (1.2oz jar) SKU 00221**

**Mike and Sons Eggs (15dz) - SKU 04233**

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

**Babes Farm Tri-color baby carrots (24bu) - SKU 03137**

We have recently begun working with Girl N Dug Farms out of San Marcos. They do not do any farmers markets and are working directly with us and our warehouse. Please speak to your rep about product availability.

**Babes Farm Baby Gem Lettuce (24ct) - SKU 03089**

Spring is just around the corner for local produce. We have seen a little English, snow, and sugar snaps show their faces at the markets and some will be back in a month. Garlic scapes will be available in limited quantity in mid-April so speak to your rep if you would like to get ahold of some then.

**Babes Farm French Breakfast Radish (24ct) - SKU 03239**

Green Almonds, Fiddlehead Ferns, Ramps, and Morels are now available through our warehouse, but please speak to your rep before ordering as it is still early in the season.

**Weiser Farms Sunchokes (10#) - SKU 62640**

Murray farm expects to have their first round of cherries for market on April 17<sup>th</sup> but will be for sure by the 20<sup>th</sup>.

**Weiser Farms Parsnips (10#) - SKU 02173**

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce



# Market Flash:

## Vegetables in season

- Chicory/Endive
- Broccoli
- Baby Broccoli
- Brussel Sprouts
- Beets
- Cabbage
- Carrots
- Cauliflower
- Celery Root
- English Peas
- Fava Beans
- Fennel
- Green Onions
- Mustard Greens
- Kale
- Parsnips
- Pea Tendrils
- Lettuces
- Spinach
- Sugar Snap Peas
- Snow Peas
- Sweet Potato/Yams
- Swiss Chard
- Radishes
- Turnips

## Fruits in season

- Avocado
- Blueberries
- Blackberries
- Blood Oranges
- Cherimoya
- Cactus Pears
- Dragon Fruit
- Grapefruit
- Kiwi
- Kumquats
- Mandarins
- Oranges
- Oro Blanco
- Passion fruit
- Pineapple
- Pomelos
- Raspberries
- Tangerine



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