



# *Nature's Produce*

**Market Report  
Amenities  
Local Farmers Market  
Local Products List  
Fruits/Vegetables in season**

**July 8<sup>th</sup> 2019**



### **Asparagus**

Supplies have moved to Peru and volume is steady, quality is good

### **Avocado**

**SIZING AND QUALITY IS DOWN, PRICING IS UP AND SUPPLY IS TIGHT**

### **Bananas**

Steady supply with good quality

### **Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies are tight with cold weather and rain, prices will fluctuate

**Cauliflower**-Supplies are tight with cold weather and rain, prices will fluctuate

**Broccoli** – Market is recovering

**Brussels Sprouts**- supply is steady

**Green Onions** – Market has stabilized

### **Berries**

#### **Strawberries -**

**Raspberry** – Extreme – heat has affected the supply, least affected as most are hooped

**Blackberries** – Rain and heat is affecting supply

**Blueberries** – Production gap is affecting supply

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**Anaheim's, Habanero**

All peppers are still a bit light in supply but better than in recent months

### **Celery**

Supply is tight and we will start to see some relief in price in coming weeks

### **Corn**

**Yellow Corn** – Supply has leveled off

**White Corn**- Supply has leveled off



### **Citrus**

**Limes** – Smaller fruit is plentiful

**Lemon** – Demand is up and supply is tight

**Oranges** – The market is steady

### **Eggs**

Product is at normal supply

### **Eggplant**

Supply is currently steady

### **Grapes**

We are seeing some issues with slow transitions.

### **Lettuce**

**Romaines-** Supply is steady, with hearts down in quality due to weather

**Green and Red Leaf** – Supplies are being affected by recent heat

**Iceberg lettuce** - Supplies are down

**Butter lettuce** – Supply is down with weather. Quality is down as well

### **Mushrooms**

**Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.**



## **Melons**

**Cantaloupe** - Production is steady

**Honeydew** - Production is steady.

**Local melons** – Just showing up at market in the last 2 weeks. Volume will increase in coming weeks

## **Pineapple**

Steady volume

## **Potatoes**

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

## **Squash**

Crops in good supply and quality is good with local summer squashes available at the market

## **Stone Fruit**

Local product in house and we are increasing our volume of Farmers Market peaches.

**Peaches** – Farmers market fruit is here, Murray, Scott, Summer Harvest, Burkhart, and Regier Farms

**Cherries** – Available

## **Tomatoes**

**Round-** supply and quality are good

**Romas-** Prices are down, with new crop beginning

**Grapes-** steady supply

**Cherry-** supply is good, quality is fair

**Heirloom-** supply is good, quality is fair, lots of unripe fruit, not quite enough heat to ripen crops

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Pink Lady, Fuji, Honeycrisp

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

### Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

### Medjool Dates

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red

### Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

### Stone Fruits

Peaches, Apricots, Nectarines, Plums, Cherries







The following items will be available for delivery on July 11<sup>th</sup> 2019  
 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**

- Local & Sustainable
- Celtnce
- Gem Lettuce
- Basils
- Black Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- New Zealand Spinach
- Calendulas
- Mulberries

**Gloria Tamai Farms**

- Local & Sustainable
- Beets
- Strawberries
- Cauliflower
- Green Kale
- Black Tuscan Kale
- Cherry Heirloom Tom
- Red Beef Steak Tomato
- Summer Squashes

**Garcia Organics**

- Local, Organic & Sustainable
- Tangerines
- Avocado
- Meyers Lemons
- Mandriquats
- Oranges
- Figs

**Harry's Berries**

- Local, Sustainable, Organic
- Gaviota Strawberries
- Mares dus Bois
- Cherry Tomatoes
- Baby Zucchini

**Her Farms**

- Local & Sustainable
- Bell Peppers
- Bok Choy
- Yu Choy
- Leeks
- Green onions
- Summer Squash
- Eggplant
- Tomatoes

**Regier Farms**

- Local/Sustainable
- Yellow Peach

**Maggie's Farms**

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes
- Nasturtium Flowers

**McGrath Farms**

- Local/Organic/Sustainable
- Baby Beets

**Red Frill Mustard**

- Corn Blossoms
- Oyster Mushrooms
- Strawberries
- Breakfast Radishes
- Baby Carrots
- Arugula Blossoms

**Murray Farms**

- Local & Sustainable
- Heart of Palm-order early
- Pink Oyster Mushroom
- Fairytales Mushroom
- order early mush
- Peaches
- Strawberries
- White Mulberries
- Blueberries
- Murrayberries
- Kiowa Blackberry
- Black Raspberry
- Plums
- Melons

**Polito Farms**

- Local & Sustainable
- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

**Pudwill Farms**

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries
- Mulberries

**Tutti Frutti Farms**

- Local/Organic/Sustainable
- Onions, Torpedo
- Carrots
- Cauliflower
- Parsnip
- Cherry Tomato
- Heirloom Tomato
- Bloomsdale Spinach

**Two Peas in a Pod**

- Dried Cranberry Beans
- Dried Scarlett Runners
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Blueberries
- Olaliberries
- Boysenberries
- Strawberries
- Raspberries
- Blackberries
- Dragon Tongue Beans

**Valdivia Farms**

- Local & Sustainable
- Zucchini Blossoms
- Heirloom Tomatoes
- Haricot Vert
- Turnips
- Radishes

**Weiser Family Farms**

- Local & Sustainable
- Alaskan Myrna Potatoes
- Fingerlings
- Summer Squash
- Shishitos

**Peppers**

- Cherries
- Melons

**Tenerelli Orchards**

- Honey Apricots
- White Peach
- Yellow Peach
- Plums

**Flora Bella**

- Local
- Summer squash
- Shishito Peppers
- Padron Peppers
- Smoking Woods

**Thao Farm**

- Local (Saturday only)
- Satsuma Yams
- Bok choy
- Yu choy
- Squashes
- Eggplant
- Basils
- Cucumbers
- Bell Peppers

**JJ Lone Ranch**

- Local
- Avocado
- Grapefruit
- Blood Orange
- Pink Lemons

**Suncoast Farms**

- Local

**Baby Artichokes**

- Long Stem Artichokes
- Broccoli
- Cauliflower

**The Garden Of**

- Mon 12pm cutoff
- Red/Green Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp
- Turnips
- Radishes
- Broccoli
- Potatoes
- Carrots
- Squashes

**Scott's Farm**

- Local
- Yellow Peach
- White Peach
- Nectarines
- Plums

**Munak Farms**

- Local
- Cherry Tomatoes
- Sungold Cherry Tom
- Zebra tom
- Celebrity Tom
- Persimmon tom
- Lemon Cucumber
- Melons

**Girl N Dug Farms**  
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**

Farmers Market Items are Subject to availability, contact your Rep first please

**Farmers Market Yellow Peaches(Flat) - SKU 62230**

**Farmers Market Yellow Nectarine (Flat) - SKU 01026**

**Farmers Market Plums (Flat) - SKU 62270**

**Farmers Market Cherry Heirloom Tomato (12bskt mix) - SKU 62270**

**Farmers Market Heirloom Tomato (10# mix) - SKU 62740**

**Polito Farms Oranges (40# Case) - SKU 01048**

**Mike and Sons Eggs (15dz) - SKU 04233**

**Babes Farm Tri-color baby carrots (24bu) - SKU 03137**

**Babes Farm French Breakfast Radish (24ct) - SKU 03239**

**Girl N Dug Farms - Gem Flowers (100ct) - SKU 03554**

**Girl N Dug Farms - Citrus Fern (3oz) - SKU 03553**

**Girl N Dug Farms - Yarrow Leaf - SKU 03551**

**Girl N Dug Farms - Butterfly Wood Sorrel (3.5oz) - SKU 03571**

**Girl N Dug Farms - Carrot Blossoms - SKU 03556**

**Girl N Dug Farms - Kinder Breakfast Radish (50ct) - SKU 03569**

**California Olive Ranch EVOO (5gal) SKU 16116**

**California Espelette Pepper (1.2oz jar) SKU 00221**

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

We are working with Girl N Dug Farms out of San Marcos. They do not do any farmers markets and are working directly with us and our warehouse. Please speak to your rep.

to set up a farm tour, please contact your local sales representative or call us for more information

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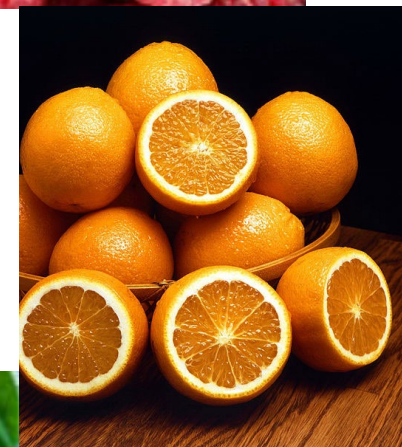
# Market Flash:

## Vegetables in season

- Broccoli
- Beets
- Carrots
- Cauliflower
- Dragon Tongue Beans
- Eggplant
- Fennel
- Green Onions
- Haricot Verts
- Kale
- Okra
- Parsnips
- Peppers
- Lettuces
- Summer Squashes
- Swiss Chard
- Radishes
- Romano Beans
- Tomato, Heirlooms
- Turnips
- Yellow Wax Beans

## Fruits in season

- Apricots
- Avocado
- Blueberries
- Blackberries
- Cherries
- Cactus Pears
- Dragon Fruit
- Kiwi
- Mulberries
- Nectarines
- Oranges
- Passion fruit
- Peaches
- Plums
- Pineapple
- Raspberries



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