



Nature's Produce

**Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season**

September 30th 2019



Asparagus

Supplies have stabilized

Avocado

Large fruit is stable with tighter market on smaller sizing.

Bananas

Steady supply with good quality

Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions

Broccoli – Supplies are tight due to poor yields

Cauliflower-Supplies are light

Broccoli – Market is steady

Brussels Sprouts- supply has improved

Green Onions – Market has stabilized

Berries

Strawberries – quality and supply is back and forth with heat

Raspberry - supply and quality is down

Blackberries – Supply is steady

Blueberries – Supply is improving

Bell Peppers and Peppers

Green Bell

Red Bell

Yellow Bell Pepper

Anaheim's, Habanero

All peppers are steady

Celery

Supply is good

Corn

Yellow Corn – in good supply but quality is down

White Corn- in good supply but quality is down

Local corn is at the Farmers Market



Citrus

Limes – Sizing and quality is down, limes are under an extreme flag

Lemon – Supply is steady and quality is good

Oranges – Navels have slowed down, season will end sooner than expected, Valencias available

Eggs

Product is at normal supply

Eggplant

Supply is currently steady

Farmers market eggplant is available for preorders

Grapes

Volumes are good as we are now in full grape season.

Farmers market grapes in many new varieties are now available for preorder.

Lettuce

Romaines- Supply is trending lower than usual, with fair quality

Green and Red Leaf – Supplies are being affected by recent heat

Iceberg lettuce - Supplies are down

Butter lettuce – Good volume

Mushrooms

Mushroom have stabilized



Melons

Cantaloupe - Production is steady

Honeydew - Production is steady.

Weiser Farms Mixed Melons (20#cs) – Available in house

Pineapple

Supply is tight with sizing leaning on the large side, but quality is good

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

Squash

Crops in good supply and quality is good with local summer squashes available at the market

Stone Fruit

Local farmers market product is in house

Peaches – Good Supply

Cherries – Not Available

Nectarines, Plums - Available

Tomatoes

Round- supply and quality are good

Romas- Prices are down, with new crop beginning

Grapes- supply has tightened up

Cherry- supply is good, quality is fair

Heirloom- supply is good, quality is good, local crops are all over the farmers market

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Pink Lady, Fuji, Honeycrisp, Farmers Market apples have begun showing up

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne, Farmers Market

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Farmers market pears are showing up

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

Stone Fruits

Peaches, Nectarines, Plums

Figs





Nature's Produce



The following items will be available for delivery on October 3rd, 2019
 All orders must be placed with your sales representative by 12 noon Tuesday.
 Farmers Market items ordered from in house are subject to availability

Coleman Farms:

- Local & Sustainable
- Celtuce
- Gem Lettuce
- Basils
- Black Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- New Zealand Spinach
- Calendulas
- Shiso
- Perilla/Sesame leaf
- Mouse Melons
- Tomatillos
- Peppers

Gloria Tamai Farms

- Local & Sustainable
- Beets
- Strawberries
- Cauliflower
- Black Tuscan Kale
- Cherry Heirloom Tom
- Heirloom Tomato
- Red Beef Steak Tomato
- Summer Squashes
- Romano Beans
- Yellow Corn

Garcia Organics

- Local, Organic & Sustainable
- Tangerines
- Avocado

Meyers Lemons

- Oranges
- Figs

Harry's Berries

- Local, Sustainable, Organic
- Seascape Strawberries
- Mares dus Bois
- Cherry Tomatoes

Her Farms

- Local & Sustainable
- Bell Peppers
- Bok Choy
- Yu Choy
- Leeks
- Green onions
- Summer Squash
- Eggplant
- Tomatoes
- Ginger
- Jicama

Wong Farms

- 2-3 weeks
- Local/Sustainable
- Keitt Mangos

Maggie's Farms

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes

Nasturtium Flowers

- McGrath Farms**
- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Corn Blossoms
- Strawberries
- Breakfast Radishes
- Baby Carrots
- Squash
- Haricot Verts
- Corn

Murray Farms

- Local & Sustainable
- Grapes
- Heart of Palm-order early
- Pink Oyster Mushroom
- Peaches
- Plums
- Melons
- Apples
- Pears
- Pomegranate

Polito Farms

- Local & Sustainable
- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges
- White Adriatic Figs

Pudwill Farms

- Local & Sustainable
- Blueberries
- Blackberries

Raspberries, Gold

- Figs
- Tutti Frutti Farms**
- Local/Organic/Sustainable
- Carrots
- Cherry Tomato
- Heirloom Tomato
- Winter Squashes
- Cherry tomatoes
- Tomatillo

Two Peas in a Pod

- Fresh Cranberry Beans
- Fresh Scarlett Runners
- Fresh Christmas Limas
- Fresh Cannellini Beans
- Dried Flagolet Beans
- Blueberries
- Strawberries
- Raspberries
- Pink & Gold Raspberries
- Blackberries
- Dragon Tongue Beans
- Fresh coco beans

Valdivia Farms

- Local & Sustainable
- Zucchini Blossoms
- Heirloom Tomatoes
- Haricot Vert
- Turnips
- Radishes

Weiser Family Farms

- Local & Sustainable
- Fingerlings
- Peppers
- Melons

Tenerelli Orchards

- White Peach
- Yellow Peach
- Yellow Nectarine
- White Nectarine

Flora Bella

- Local
- Blue Hubbard Squash
- Shishito Peppers
- Padron Peppers
- Maganji Peppers
- Cherry tomatoes
- Jimmy Nardellos
- Marina Di Chioggia
- Kamo Eggplant
- Living Green Trays

Thao Farm

- Local (Saturday only)
- Satsuma Yams
- Bok choy
- Yu choy
- Squashes
- Eggplant
- Basils
- Cucumbers
- Peppers
- Peanuts
- Sprouting Broccoli
- Jicama

Suncoast Farms

- Local
- Baby Artichokes
- Long Stem Artichokes

The Garden Of

- Mon 12pm cutoff
- Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp
- Radishes
- Carrots
- Beets
- Blush Tomatoes
- Kabocha Squash
- Tokyo Turnips

Scott's Farm

- Local
- Yellow Peach
- White Peach
- Nectarines
- Plums
- Grapes

Munak Farms

- Local
- Cherry Tomatoes
- Sungold Cherry Tom
- Zebra tom
- Celebrity Tom
- Persimmon tom
- Lemon Cucumber
- Melons

Girl N Dug Farms
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!
Subject to availability, contact your Rep first please

Frog Hollow Farms Organic Warren Pears (Flat) - SKU 01027

Farmers Market Yellow Peaches(Flat) - SKU 62230

Farmers Market Yellow Nectarine (Flat) - SKU 01026

Farmers Market Plums (Flat) - SKU 62270

Farmers Market Cherry Heirloom Tomato (Flat) - SKU 26743

Farmers Market Heirloom Tomato (10# mix) - SKU 62740

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

Wholly Guacamole Fresh Avocado Chunks from TX (8x2# tray) - SKU 8096

Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111

Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122

Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112

Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029

Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031

Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115

Girl N Dug Farms - Yarrow Leaf - SKU 80177

Girl N Dug Farms - Butterfly Wood Sorrel (3.5oz) - SKU 80120

Girl N Dug Farms - Carrot Blossoms - SKU 80114

Girl N Dug Farms - Kinder Breakfast Radish (50ct) - SKU 80118

California Olive Ranch EVOO (5gal) SKU 16116

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

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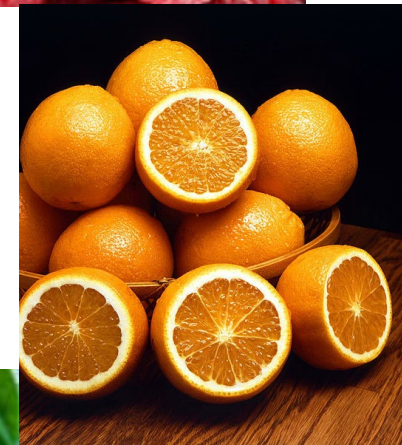
Market Flash:

Vegetables in season

- Broccoli
- Beets
- Carrots
- Cauliflower
- Corn
- Cucumbers
- Dragon Tongue Beans
- Eggplant
- Fennel
- Green Onions
- Haricot Verts
- Kale
- Okra
- Parsnips
- Peppers
- Lettuces
- Shelling Beans
- Spigarello
- Late Summer Squash
- Swiss Chard
- Radishes
- Romano Beans
- Tomato, Heirlooms
- Turnips
- Yellow Wax Beans
- Winter Squashes
- Pumpkins

Fruits in season

- Apples
- Avocado
- Blueberries
- Blackberries
- Cantaloupe
- Charentais Melon
- Dragon Fruit
- Figs
- Honeydew
- Kiwi
- Nectarines
- Passion fruit
- Peaches
- Pears
- Plums
- Pomegranate
- Quince
- Raspberries
- Strawberries
- Watermelon



Fall has officially arrived at the Farmers market this week. We have pears, apples, winter hard squashes and pumpkins showing up. Persimmons will follow shortly.

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