



# *Nature's Produce*

**Market Report  
Amenities  
Local Farmers Market  
Local Products List  
Fruits/Vegetables in season**

**October 11<sup>th</sup> 2019**



### **Asparagus**

Supplies have stabilized

### **Avocado**

Large fruit is stable with tighter market on smaller sizing.

### **Bananas**

Steady supply with good quality

### **Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies are tight due to poor yields

**Cauliflower**-Supplies are tight due to weather and poor yields

**Broccoli** – Market is steady

**Brussels Sprouts**- supply has improved

**Green Onions** – Market has stabilized

### **Berries**

**Strawberries** – quality and supply are back and forth with heat

**Raspberry** - supply and quality is down

**Blackberries** – Supply is steady

**Blueberries** – Supply is improving

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**Anaheim's, Habanero**

**All peppers are steady**

### **Celery**

Supply is good

### **Corn**

**Yellow Corn** – in good supply but quality is down

**White Corn**- in good supply but quality is down



### **Citrus**

**Limes** – Sizing and quality is down, limes are under an escalated flag

**Lemon** – Supply is steady and quality is good

**Oranges** – Navels have slowed down, season will end sooner than expected, Valencias available

### **Eggs**

Product is at normal supply

### **Eggplant**

Supply is currently steady

Farmers market eggplant is available for preorders

### **Grapes**

Volumes are good as we are now in full grape season.

Farmers market grapes in many new varieties are now available for preorder.

### **Lettuce**

**Romaines-** Supply is trending lower than usual, with fair quality

**Green and Red Leaf** – Supplies are being affected by recent heat

**Iceberg lettuce** - Supplies are down

**Butter lettuce** – Good volume

### **Mushrooms**

**Mushroom** have stabilized



## **Melons**

**Cantaloupe** - Production is steady

**Honeydew** - Production is steady.

**Melon season has wrapped up. We are no longer stocking the Weiser melons.**

## **Pineapple**

Good availability and quality

## **Potatoes**

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

## **Squash**

Crops in good supply and quality is good with local summer squashes still available

## **Stone Fruit**

Local farmers market product is coming to a close, we will stop stocking local stone fruit next week

**Peaches** – Good Supply

**Cherries** – Not Available

**Nectarines, Plums** - Available

## **Tomatoes**

**Round-** supply and quality are good

**Romas-** Prices are down, with new crop beginning

**Grapes-** supply has tightened up

**Cherry-** supply is good, quality is fair

**Heirloom-** supply is good, quality is good, local crops are slowing down at the market

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Pink Lady, Fuji, Honeycrisp, Farmers Market

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

### Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne, Farmers Market

### Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

### Medjool Dates

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Warren Pears, Farmers market

### Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

### Stone Fruits

Peaches, Nectarines, Plums -seasoning ending

**Figs** – season is coming to a close





Nature's Produce



The following items will be available for delivery on October 17<sup>th</sup>, 2019  
 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**

- Local & Sustainable
- Celtuce
- Gem Lettuce
- Basils
- Black Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- New Zealand Spinach
- Calendulas
- Perilla/Sesame leaf
- Mouse Melons
- Peppers

**Gloria Tamai Farms**

- Local & Sustainable
- Beets
- Strawberries
- Cauliflower
- Black Tuscan Kale
- Cherry Heirloom Tom
- Heirloom Tomato
- Red Beef Steak Tomato
- Summer Squashes
- Green Beans
- Yellow Corn

**Garcia Organics**

- Local, Organic & Sustainable
- Avocado
- Meyers Lemons
- Figs
- Finger Limes

**Harry's Berries**

- Local, Sustainable, Organic
- Seascape Strawberries
- Mares dus Bois
- Cherry Tomatoes

**Her Farms**

- Local & Sustainable
- Bell Peppers
- Bok Choy
- Yu Choy
- Leeks
- Green onions
- Long Beans
- Sweet Potato
- Eggplant
- Tomatoes
- Ginger
- Jicama

**Maggie's Farms**

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes
- Nasturtium Flowers

**McGrath Farms**

- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Corn Blossoms
- Breakfast Radishes

- Baby Carrots
- Squash
- Haricot Verts
- Forono Italian Beets

**Murray Farms**

- Local & Sustainable
- Che Fruit
- Buddahs Hand
- Grapes
- Heart of Palm-order early
- Pink Oyster Mushroom
- Peaches
- Plums
- Apples
- Pears
- Pomegranate
- IFG Raisins

**Polito Farms**

- Local & Sustainable
- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

**Pudwill Farms**

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries, Gold

**Tutti Frutti Farms**

- Local/Organic/Sustainable
- Carrots
- Cherry Tomato
- Heirloom Tomato
- Winter Squashes

- Bloomsdale spinach
- Tomatillo

**Two Peas in a Pod**

- Brussel Sprouts
- Fresh Cranberry Beans
- Fresh Scarlett Runners
- Fresh Christmas Limas
- Fresh Cannellini Beans
- Dried Flagolet Beans
- Strawberries
- Blackberries
- Dragon Tongue Beans
- Fresh coco beans

**Valdivia Farms**

- Local & Sustainable
- Zucchini Blossoms
- Heirloom Tomatoes
- Haricot Vert
- Turnips
- Radishes

**Weiser Family Farms**

- Local & Sustainable
- Fingerlings
- Radishes
- Spigarello

**Tenerelli Orchards**

- White Peach
- Yellow Peach
- Yellow Nectarine

**Flora Bella**

- Local
- Blue Hubbard Squash

- Shishito Peppers
- Padron Peppers
- Maganji Peppers
- Cherry tomatoes
- Jimmy Nardellos
- Marina Di Chioggia
- Kamo Eggplant
- Living Green Trays
- Yali Pears

**Thao Farm**

- Local (Saturday only)
- Satsuma Yams
- Bok choy
- Yu choy
- Squashes
- Eggplant
- Basils
- Cucumbers
- Peppers
- Peanuts
- Sprouting Broccoli
- Jicama
- Sprouting Cauliflower - 3 weeks away

**Suncoast Farms**

- Local
- Baby Artichokes
- Long Stem Artichokes

**The Garden Of**

- Mon 12pm cutoff
- Gems
- Salanova Mix
- Speckled Romaine
- Sweet Crisp

- Radishes
- Carrots
- Beets
- Blush Tomatoes
- Kabocha Squash
- Tokyo Turnips
- Parsnip

**Scott's Farm**

- Local
- Pears
- Plums
- Grapes

**Munak Farms**

- Local
- Cherry Tomatoes
- Sungold Cherry Tom
- Zebra tom
- Celebrity Tom
- Persimmon tom
- Lemon Cucumber

**Penryn Orchards**

- Comice Pears
- Barlett Pears
- Yali Pears
- European Grapes
- Chocolate Persimmon

**Girl N Dug Farms**  
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**

Subject to availability, contact your Rep first please

**Frog Hollow Farms Organic Warren Pears (Flat) - SKU 01027**

**Farmers Market Cherry Heirloom Tomato (Flat) - SKU 26743**

**Tamai Farms**

**Farmers Market Heirloom Tomato (10# mix) - SKU 62740**

**Munak Ranch**

**Polito Farms Oranges (40# Case) - SKU 01048**

**Mike and Sons Eggs (15dz) - SKU 04233**

**Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111**

**Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122**

**Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112**

**Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029**

**Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031**

**Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115**

**Girl N Dug Farms - Yarrow Leaf - SKU 80177**

**Girl N Dug Farms - Purple Butterfly Wood Sorrel (3.5oz) - SKU 80120**

**Girl N Dug Farms - Carrot Blossoms - SKU 80114**

**Girl N Dug Farms - Kinder Breakfast Radish (50ct) - SKU 80118**

**Girl N Dug Farms - Squashini (LB) - SKU 80026**

**(Squashini is Korean summer squash)**

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

**Thank you for your continued business, The Polisky Family & Nature's Produce**



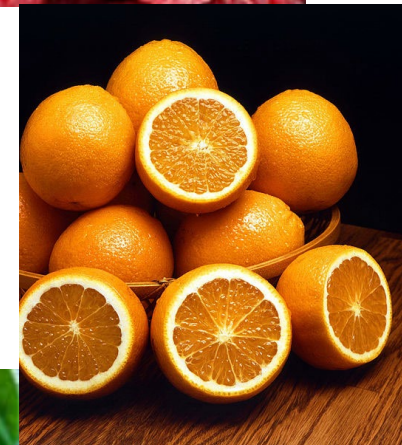
# Market Flash:

## Vegetables in season

- Broccoli
- Beets
- Carrots
- Cauliflower
- Corn
- Cucumbers
- Dragon Tongue Beans
- Eggplant
- Fennel
- Green Onions
- Haricot Verts
- Kale
- Okra
- Parsnips
- Peppers
- Lettuces
- Shelling Beans
- Spigarello
- Late Summer Squash
- Swiss Chard
- Radishes
- Romano Beans
- Tomato, Heirlooms
- Turnips
- Yellow Wax Beans
- Winter Squashes
- Pumpkins

## Fruits in season

- Apples
- Avocado
- Blueberries
- Blackberries
- Cantaloupe
- Charentais Melon
- Dragon Fruit
- Figs
- Honeydew
- Kiwi
- Nectarines
- Passion fruit
- Peaches
- Pears
- Plums
- Pomegranate
- Quince
- Raspberries
- Strawberries
- Watermelon



Fall has officially arrived at the Farmers market this week. We have pears, apples, winter hard squashes and pumpkins showing up. Persimmons will follow shortly.

Thank you for your continued business, The Polisky Family & Nature's Produce