



Nature's Produce

Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season

October 21st 2019



Asparagus

Supplies have stabilized

Avocado

Large fruit is stable with tighter market on smaller sizing.

Bananas

Steady supply with good quality

Broccoli, Cauliflower, Broccolini, Brussels Sprouts, and Green Onions

Broccoli – Supplies are tight due to weather and poor yields

Cauliflower-Supplies are tight due to weather and poor yields

Broccolini – Supplies are tight due to weather and poor yields

Brussels Sprouts- supply has improved

Green Onions – Market has stabilized

Berries

Strawberries – quality and supply are back and forth with heat

Raspberry - supply and quality is down

Blackberries – Supply is steady

Blueberries – Supply is improving

Bell Peppers and Peppers

Green Bell

Red Bell

Yellow Bell Pepper

Anaheim's, Habanero

All peppers are steady

Celery

Supply is good

Corn

Yellow Corn – in good supply but quality is poor

White Corn- in good supply but quality is poor



Citrus

Limes – Sizing and quality is down, limes are under an escalated flag

Lemon – Supply is steady and quality is good

Oranges – Navels have slowed down, season will end sooner than expected, Valencias available

Eggs

Product is at normal supply

Eggplant

Supply is currently steady

Farmers market eggplant is available for preorders

Grapes

Volumes is steady.

Lettuce

Romaines- Supply is trending lower than usual, with fair quality

Green and Red Leaf – Supplies are being affected by recent heat

Iceberg lettuce - Supplies are down

Butter lettuce – Good volume



Melons

Cantaloupe - Production is way down with smaller fruit and less sugar

Honeydew – same as cantaloupe

Pineapple

Good availability and quality

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

Squash

Winter squashes and gourds are in

Stone Fruit

Local farmers market product is coming to a close, we are no longer stocking market stonefruit, preorder only

Peaches – Supply is getting tight and any availability will move to Chilean fruit

Cherries – Not Available

Nectarines, Plums – Supply is getting tight and any availability will move to Chilean fruit

Tomatoes

Round- supply and quality are good

Romas- Prices are down, with new crop beginning

Grapes- supply has tightened up

Cherry- supply is good, quality is fair

Heirloom- supply is good, quality is good, local crops are slowing down at the market

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Pink Lady, Fuji, Honeycrisp, Farmers Market

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne, Farmers Market

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Warren Pears, Farmers market

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

Stone Fruits

Peaches, Nectarines, Plums -seasoning ending

Figs – season is coming to a close





The following items will be available for delivery on October 24th, 2019
 All orders must be placed with your sales representative by 12 noon Tuesday.
 Farmers Market items ordered from in house are subject to availability

Coleman Farms:

- Local & Sustainable
- Celtuce
- Gem Lettuce
- Basil
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- New Zealand Spinach
- Calendulas
- Perilla/Sesame leaf
- Mouse Melons

Gloria Tamai Farms

- Local & Sustainable
- Beets
- Strawberries
- Cauliflower
- Black Tuscan Kale
- Cherry Heirloom Tom
- Heirloom Tomato
- Red Beef Steak Tomato
- Summer Squashes
- Green Beans
- Yellow Corn

Garcia Organics

- Local, Organic
- Avocado
- Meyers Lemons
- Figs
- Finger Limes
- Persimmons



Harry's Berries

- Local, Sustainable, Organic
- Seascape Strawberries
- Mares dus Bois
- Cherry Tomatoes

Her Farms

- Local & Sustainable
- Bell Peppers
- Bok Choy
- Yu Choy
- Leeks
- Green onions
- Long Beans
- Sweet Potato
- Eggplant
- Tomatoes
- Ginger
- Jicama

Maggie's Farms

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes
- Nasturtium Flowers

McGrath Farms

- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Corn Blossoms
- Breakfast Radishes



- Baby Carrots
- Squash
- Haricot Verts
- Forono Italian Beets -last week

Murray Farms

- Local & Sustainable
- Che Fruit
- Buddahs Hand
- Grapes
- Heart of Palm-order early
- Pink Oyster Mushroom
- Peaches
- Plums
- Apples
- Pears
- Persimmons
- Pomegranate
- IFG Raisins

Polito Farms

- Local & Sustainable
- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

Pudwill Farms

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries, Gold

Tutti Frutti Farms

- Local/Organic/Sustainable
- Carrots
- Cherry Tomato



- Heirloom Tomato
- Winter Squashes
- Bloomsdale spinach
- Tomatillo

Two Peas in a Pod

- Brussel Sprouts
- Fresh Cranberry Beans
- Fresh Scarlett Runners
- Fresh Christmas Limas
- Fresh Cannellini Beans
- Dried Flagolet Beans
- Strawberries
- Blackberries
- Dragon Tongue Beans
- Fresh coco beans

Valdivia Farms

- Local & Sustainable
- Zucchini Blossoms
- Heirloom Tomatoes
- Turnips
- Radishes

Weiser Family Farms

- Local & Sustainable
- Fingerlings
- Radishes
- Spigarello
- Carrots - soon
- Sunchokes -soon
- Honeynut squash -soon
- Koginut squash -soon

Tenerelli Orchards

- White Peach
- Yellow Peach



- Yellow Nectarine

Flora Bella

- Local
- Blue Hubbard Squash
- Shishito Peppers
- Padron Peppers
- Maganji Peppers
- Jimmy Nardellos
- Marina Di Chioggia
- Living Green Trays
- Yali Pears

Thao Farm

- Local (Saturday only)
- Satsuma Yams
- Bok choy
- Yu choy
- Eggplant
- Basils
- Sugarsnap Peas
- Snow pea tendrils
- Jujubee
- Peanuts
- Sprouting Broccoli
- Jicama
- Sprouting Cauliflower -3 weeks away

Suncoast Farms

- Local
- Baby Artichokes
- Long Stem Artichokes



- Salanova Mix - gapping

- Speckled Romaine
- Sweet Crisp -gapping
- Radishes
- Carrots
- Beets
- Blush Tomatoes
- Kabocha Squash
- Tokyo Turnips
- Parsnip

Scott's Farm

- Local
- Pears
- Plums
- Grapes

Munak Farms

- Local
- Cherry Tomatoes
- Sungold Cherry Tom
- Zebra tom
- Celebrity Tom
- Persimmon tom

Penryn Orchards

- Comice Pears
- Barlett Pears
- Yali Pears
- European Grapes
- Chocolate Persimmon
- Maru Persimmon



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!

Subject to availability, contact your Rep first please

Frog Hollow Farms Organic Warren Pears (Flat) - SKU 01027

Farmers Market Cherry Heirloom Tomato (Flat) - SKU 26743

Tamai Farms

Farmers Market Heirloom Tomato (10# mix) - SKU 62740

Munak Ranch

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111

Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122

Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112

Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029

Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031

Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115

Girl N Dug Farms - Yarrow Leaf - SKU 80177

Girl N Dug Farms - Purple Butterfly Wood Sorrel (3.5oz) - SKU 80120

Girl N Dug Farms - Carrot Blossoms - SKU 80114

Girl N Dug Farms - Kinder Breakfast Radish (50ct) - SKU 80118

Girl N Dug Farms - Squashini (LB) - SKU 80026

(Squashini is Korean summer squash)

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

[to set up a farm tour, please contact your local sales representative or call us for more information](#)

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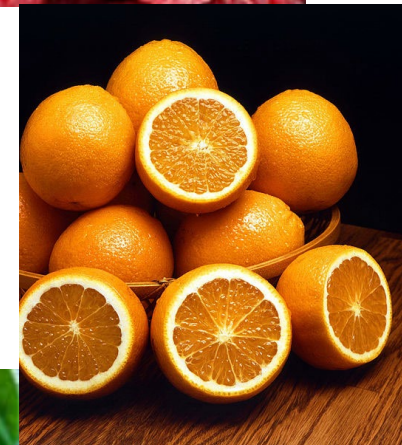
Market Flash:

Vegetables in season

- Broccoli
- Beets
- Carrots
- Cauliflower
- Corn
- Cucumbers
- Eggplant
- Fennel
- Green Onions
- Haricot Verts
- Kale
- Okra
- Parsnips
- Peppers
- Lettuces
- Shelling Beans
- Spigarello
- Late Summer Squash
- Swiss Chard
- Radishes
- Romano Beans
- Turnips
- Yellow Wax Beans
- Winter Squashes
- Pumpkins

Fruits in season

- Apples
- Blueberries
- Blackberries
- Dragon Fruit
- Figs
- Grapes
- Guava
- Kiwi
- Nectarines
- Passion fruit
- Pears
- Persimmon
- Pomegranate
- Quince
- Raspberries
- Strawberries



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