

Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season

November 6th 2019



Asparagus

Supplies have stabilized

Avocado

Large fruit is stable with tighter market on smaller sizing.

Bananas

Steady supply with good quality

Broccoli, Cauliflower, Broccolini. Brussels Sprouts, and Green Onions

Broccoli – Supplies are improving **Cauliflower**-Supplies are improving

Broccolini — Supplies are improving

Brussels Sprouts- supply has improved

Green Onions – Market has stabilized

Berries

Strawberries – quality and supply are back and forth with heat
Raspberry - supply and quality is down
Blackberries – Supply is gapping due to weather and transitions
Blueberries – Supply is improving

Bell Peppers and Peppers

Green Bell
Red Bell
Yellow Bell Pepper
Anaheim's, Habanero
All peppers are tight with west coast weather

Celery

Supply is going to remain tight until end of December

Corn

Yellow Corn – in poor supply and quality is poor White Corn- in poor supply and quality is poor



Limes – Supply has improved **Lemon** – Supply is steady and quality is good Oranges - Local Valencias available LOCAL MARKET – Farmers Market citrus is here!

Eggs

Product is at normal supply

Eggplant

Quality is fair

Grapes

Volumes is steady.

Lettuce

Romaines- Supply is trending lower than usual, but supply is picking up Green and Red Leaf – Supplies are being affected by recent heat Iceberg lettuce - Supplies are down and quality is ok, but coming rains may change that Butter lettuce – Good volume



Melons

Cantaloupe - Production is way down with smaller fruit and less sugar

Honeydew – same as cantaloupe

Pineapple

Good availability and quality

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

Squash

Winter squashes and gourds are in

Tomatoes

Round- supply is light
Romas- Prices are down, with new crop beginning
Grapes- supply has tightened up
Cherry- supply is good, quality is fair
Heirloom- supply is good, quality is good, local crops are slowing down at the market



AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large:Braeburn, Pink Lady, Fuji, Honeycrisp, Farmers Market

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Farmers market

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins, Farmers Market

Figs - season is coming to a close





Nature's Produce

The following items will be available for delivery on December 12th 2019 All orders must be placed with your sales representative by 12 noon Tuesday.

WEEKLY FARMERS MARKET

Farmers Market items ordered from in house are subject to availability

Coleman Farms:

Local & Sustainable Gem Lettuce Chicories Breakfast Radish Borage Blossoms Mixed Variety Herbs Red Speckled Romaine New Zealand Spinach Calendulas Sunchokes Swordleaf lettuce

Gloria Tamai Farms

Local & Sustainable Beets Strawberries Cauliflower Black Tuscan Kale Cherry Heirloom Tom Heirloom Tomato Red Beef Steak Tomato Green Beans Yellow Corn

Garcia Organics

Local, Organic **Mevers Lemons** Finger Limes Persimmons Pomegranate Guavas Kishu Mandarin

Harry's Berries

Local, Sustainable, **Organic** DONE FOR SEASON

Hers Produce & Fresno

Local & Sustainable Bell Peppers **Bok Choy** Yu Choy Leeks Green onions **Long Beans Sweet Potato** Eggplant **Tomatoes** Ginger Jicama

Maggie's Farms

Local/Organic/Sustainable **Baby Spinach** Black Kale Baby Green Kale Stellar Mix Mesculin Mix Charger Mix **Tomatoes Nasturtium Flowers**

McGrath Farms

Local/Organic/Sustainable **Baby Beets** Red Frill Mustard Corn Blossoms **Breakfast Radishes Baby Carrots** Squash

Haricot Verts Baby Corn

Murray Farms Local & Sustainable

Buddahs Hand Heart of Palm-order early Pink Oyster Mushroom Apples Pears Persimmons Pomegranate **IFG Raisins** Raisin Tree Hawthorne Apples Melogold Grapefruit Tahitian Pomelo

Polito Farms

Cara Cara Orange

Local & Sustainable Avocados Satsuma Tangerines Valencia Juicing Oranges

Pudwill Farms

Local & Sustainable Blueberries Blackberries Raspberries Pineapple Guaba

Tutti Frutti Farms

Local/Organic/Sustainable Carrots **Cherry Tomato** Heirloom Tomato

Winter Squashes Torpedo Onions

Two Peas in a Pod

Brussel Sprouts Purple Brussel Sprouts Sprouts on Stalk Cauliflowers Fresh Christmas Limas **Dried Flagolet Beans** Broccolini

Valdivia Farms

Local & Sustainable Zucchini Blossoms **Heirloom Tomatoes Turnips** Radishes

Weiser Family Farms Local & Sustainable

Fingerlings Radishes Spigarello Carrots Sunchokes Sprouting Broccoli Sprouting Cauliflower Bloomsdale Spinach **Beets**

Reiger Farms

Satsuma Tangerines

Flora Bella

Local Living Green Travs Pomegranate Arkansas Black Apples Hinona Kabu Turnips Red Mustard Leaf Wasabina Purple Napa Cabbage

Thao Farm

Local (Saturday only) Satsuma Yams Bok chov Yu choy Eggplant Basils Sugarsnap Peas Snow pea tendrils Sprouting Broccoli Iicama **Sprouting Cauliflower** Cauliflower

Suncoast Farms

Local **Baby Artichokes** Long Stem Artichokes Cauliflower Broccoli

The Garden Of

Mon 12pm cutoff Gems Salanova Mix Speckled Romaine **Sweet Crisp**

Beets Celeriac Kabocha Squash Tokyo Turnips Parsnip Carrots Radicchio

Scott's Farm

Local Persimmons Grapes

Penryn Orchards FINISHED FOR SEASON

County Line Harvest Sat only

Tokyo Turnips Chicora Rosa order by Mondays!!!! Assorted Chicories order by Monday!!!! Radishes **Beets**

Girl N Dug Farms Speak to your Rep















from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!
Subject to availability, contact your Rep first please

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

Sunchokes - Weiser Farms (10#) - SKU 62640

Farmers Market Fuyu Persimmons -Briar Patch Farms (10#) - SKU01279

Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111

Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122

Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112

Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029

 $Girl\ N\ Dug\ Farms-Lemonstar\ Gem\ Flowers\ (100ct)-SKU\ 80031$

Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115

Girl N Dug Farms - Yarrow Leaf - SKU 80177

Girl N Dug Farms - Purple Butterfly Wood Sorrel (3.5oz) - SKU 80120

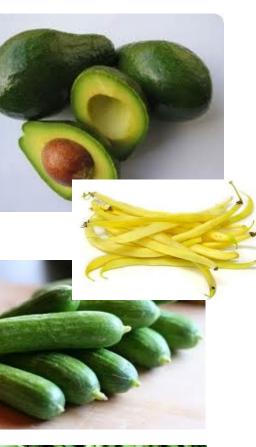
Girl N Dug Farms - Carrot Blossoms - SKU 80114

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce





Vegetables in season

Beets Cabbages Carrots Cauliflower Celery Root Chicories Cucumbers Fennel Green Onions Haricot Verts Kale Parsnips Lettuces Spigarello Swiss Chard Radishes Turnips Yellow Wax Beans Winter Squashes Pumpkins

Broccoli

Fruits in season

Figs
Grapes
Guava
Kiwi
Passion fruit
Pears
Persimmon
Pomegranate
Quince
Raspberries
Strawberries

Apples

Blueberries

Blackberries

Blood Orange

Dragon Fruit



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