

Market Report Amenities Local Farmers Market Local Products List Fruits/Vegetables in season

December 23rd 2019

WEDNESDAY 12/18 WILL BE THE LAST WEDNESDAY MARKET OF THE YEAR AS XMAS AND NY DAY FALL ON WEDNESDAYS. PLEASE PLAN ACCORDINGLY



Asparagus Supplies have stabilized

Avocado Large fruit is stable with tighter market on smaller sizing. Lots of #2 fruit

> **Bananas** Steady supply with good quality

Broccoli, Cauliflower, Broccolini. Brussels Sprouts, and Green Onions

Broccoli – Supplies are improving Cauliflower-Supplies are improving Broccolini – Supplies are improving Brussels Sprouts- supply has improved Green Onions – Market has stabilized

Berries

Strawberries – supply is steady Raspberry – supply is steady Blackberries – Supply is steady Blueberries – Supply is improving

Bell Peppers and Peppers Green Bell Red Bell Yellow Bell Pepper Anaheim's, Habanero All peppers are tight with west coast weather

Celery

Supply is going to remain tight until end of December awaiting field transition to Yuma from Oxnard

Corn

Yellow Corn – in poor supply and quality is poor White Corn- in poor supply and quality is poor



Citrus

Limes – Supply has improved, but will remain a bit tight with holidays Lemon – Supply is steady and quality is good Oranges – Local Valencias available, Cara Cara, Blood Orange Grapefruit – Pummelos and Melogolds available LOCAL MARKET – Farmers Market citrus is here!

> **Eggs** Product is at normal supply

Eggplant

Quality is fair

Grapes

Volumes is steady.

Lettuce

Romaines- Supply is trending lower than usual, but supply is picking up Green and Red Leaf – Supplies are being affected by recent heat Iceberg lettuce - Supplies are down and quality is ok, but coming rains may change that Butter lettuce – Good volume



Melons Cantaloupe - Production is way down with smaller fruit and less sugar Honeydew – same as cantaloupe

Pineapple

Good availability and quality

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Yukon bakers - Availability is limited and pricing remaining higher than normal Russet - Quality is getting better while pricing is coming down - two months Kennebec - Very short right now and the quality is fair at best.

Squash

Winter squashes and gourds are in

Tomatoes Supply is tight and prices are way up Round-Romas-Grapes-Cherry-



AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious Large:Braeburn, Pink Lady, Fuji, Honeycrisp, Farmers Market Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Farmers market

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins, Farmers Market







Coleman Farms:

Local & Sustainable Gem Lettuce Chicories Breakfast Radish Borage Blossoms Mixed Variety Herbs Red Speckled Romaine New Zealand Spinach Calendulas Sunchokes Swordleaf lettuce Yuzu Sudachi

Gloria Tamai Farms

Local & Sustainable Beets Strawberries Cauliflower Black Tuscan Kale Cherry Heirloom Tom Heirloom Tomato Red Beef Steak Tomato Green Beans Yellow Corn

Garcia Organics

Local, Organic Meyers Lemons Finger Limes Persimmons Pomegranate Guavas Kishu Mandarin



Harry's Berries Local, Sustainable, Organic DONE FOR SEASON

Hers Produce & Fresno

Local & Sustainable Bell Peppers Bok Choy Yu Choy Leeks Green onions Long Beans Sweet Potato Eggplant Tomatoes Ginger Jicama

Maggie's Farms

Local/Organic/Sustainable Baby Spinach Black Kale Baby Green Kale Stellar Mix Mesculin Mix Charger Mix Tomatoes Nasturtium Flowers

McGrath Farms

Local/Organic/Sustainable Baby Beets Red Frill Mustard Corn Blossoms Breakfast Radishes Baby Carrots Squash

Haricot Verts Baby Corn

Murray Farms Local & Sustainable Buddahs Hand Heart of Palm-order early Pink Oyster Mushroom Apples Pears Persimmons Pomegranate **IFG Raisins** Raisin Tree Hawthorne Apples Melogold Grapefruit **Tahitian Pomelo** Cara Cara Orange Seville Sour Oranges Page Mandarins

Polito Farms

Local & Sustainable Avocados Satsuma Tangerines Valencia Juicing Oranges

Pudwill Farms

Local & Sustainable Blueberries Blackberries Raspberries Pineapple Guaba

Tutti Frutti Farms Local/Organic/Sustainable Carrots

Winter Squashes Torpedo Onions

Heirloom Tomato

Nature's Produce

WEEKLY FARMERS MARKET

The following items will be available for delivery on December 30th 2019 *All orders must be placed with your sales representative by 12 noon Tuesday.* Farmers Market items ordered from in house are subject to availability

Two Peas in a Pod

Brussel Sprouts Purple Brussel Sprouts Sprouts on Stalk Cauliflowers Dried Flagolet Beans Broccolini

Valdivia Farms

Local & Sustainable Zucchini Blossoms Heirloom Tomatoes Turnips Radishes

Weiser Family Farms

Local & Sustainable Fingerlings Radishes Spigarello Carrots Sunchokes Sprouting Broccoli Sprouting Cauliflower Bloomsdale Spinach Beets

Reiger Farms Satsuma Tangerines

Local Living Green Trays Pomegranate Arkansas Black Apples Hinona Kabu Turnips Red Mustard Leaf Wasabina Purple Napa Cabbage

Flora Bella

Thao Farm

Local (Returns 1/11) Satsuma Yams Bok choy Yu choy Eggplant Basils Sugar snap Peas Snow pea tendrils Sprouting Broccoli Jicama Sprouting Cauliflower Cauliflower

Suncoast Farms

Local Baby Artichokes Long Stem Artichokes Cauliflower Broccoli

The Garden Of

Mon 12pm cutoff Gems Salanova Mix Speckled Romaine Sweet Crisp





Local Persimmons Grapes

County Line Harvest Sat only

Tokyo Turnips Chicora Rosa order by Mondays!!!! Assorted Chicories order by Monday!!!! Radishes Beets

Girl N Dug Farms Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!! Subject to availability, contact your Rep first please

Girl N Dug Farms - Yarrow Leaf - SKU 80177

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

Sunchokes - Weiser Farms (10#) - SKU 62640

Farmers Market Fuyu Persimmons -Briar Patch Farms (10#) - SKU01279

Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111

Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122

Girl N Dug Farms – Acid Trip Tomato (2#) – SKU 80112

Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029

Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031

Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce

p. 323.235.4343

www.naturesproduce.com

Market Flash:



Vegetables in season

Broccoli Beets Cabbages Carrots Cauliflower Celery Root Chicories Cucumbers Fennel Green Onions "Haricot Verts Kale Parsnips Lettuces Spigarello Swiss Chard Radishes Turnips Yellow Wax Beans Winter Squashes Pumpkins

Fruits in season

Apples Blueberries Blackberries Blood Orange Cara Cara Orange Dragon Fruit Grapefruits Guava Kiwi Kumquats Passion fruit Pears Persimmon Pomegranate Pomelo Quince Raspberries Strawberries Tangerine



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