



Nature's Produce

Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season

February 7th 2020

Recent Weather Events and On Going Freezing Temperatures have put strains on a lot of tender greens; especially arugula and spinach, as well as other products. Please see the reports section and make adjustments to your menus to avoid being short product



Artichokes

Supply is slowly increasing as we move towards early spring plantings and weather warms up.

Asparagus

Supplies will remain a little tight until Mexico is in full force

Avocado

Large fruit is tighter in the market. Lots of #2 fruit

Bananas

Steady supply with good quality

Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions

Broccoli – Supplies are improving

Cauliflower-Supplies are light this week due to weather but improving

Broccoli – Supplies have improved

Brussels Sprouts- supply has improved

Green Onions – Market is tight but supplies should recover by next week

Berries

Strawberries – supply is steady, but incoming freezing temps will damage or slow crops down

Raspberry – supply is steady

Blackberries – Supply is steady

Blueberries – Supply is improving

Bell Peppers and Peppers

Green Bell

Red Bell

Yellow Bell Pepper

Anaheim's, Habanero

All peppers are tight with west coast weather

Carrots

Jumbo carrots are in tight supply. Weather has had an effect on crops nationwide.



Celery

Supply is good coming out of Yuma

Corn

Yellow Corn – lower volume, demand exceeds supply

White Corn- same as yellow

Citrus

Limes – Supply has improved, but will remain a bit tight with holidays

Lemon – Supply is steady and quality is good

Oranges – Local Valencias available, Cara Cara, Blood Orange

Grapefruit – Pummelos and Melogolds available

LOCAL MARKET – Farmers Market citrus is here!

Eggs

Product is at normal supply

Eggplant

Quality is fair

Garlic

Domestic garlic is in short supply due to numerous plants that did not develop.

Chinese garlic is low due to high tariffs being applied as well as reduced labor surround coronavirus outbreak.

Grapes

Volumes is steady. All imported product now

Lettuce

TENDER GREENS-

Baby Arugula, Spinaches, Kales

All in very short supply due to freezing temperatures and previous weather events.

Consider Substitutions!

Romaines- Supply has rebounded in the last week

Green and Red Leaf – Supplies are recovering

Iceberg lettuce - Supplies are above normal

Butter lettuce – Good volume



Melons

Cantaloupe - Production is way down with smaller fruit and less sugar

Honeydew – same as cantaloupe and demand exceeds supply

Pineapple

Good availability and quality

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

Squash

Winter squashes and gourds are in

Tomatoes

All tomatoes are on the recovery with supplies increasing daily. Prices will drop accordingly

Round-

Romas-

Grapes-

Cherry-

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large :Braeburn, Pink Lady, Fuji, Honeycrisp

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan
Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins, Farmers Market





The following items will be available for delivery on Feb 13th 2020
All orders must be placed with your sales representative by 12 noon Friday.

Farmers Market items ordered from in house are subject to availability

Coleman Farms:

Local & Sustainable

- Gem Lettuce
- Cardoons
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- New Zealand Spinach
- Calendulas
- Swordleaf lettuce
- Stinging Nettles
- Sapote, white
- Wood Sorrel
- Celtuce
- Woodpecker Spinach

Gloria Tamai Farms

Local & Sustainable

- Beets
- Strawberries
- Cauliflower
- Black Tuscan Kale
- Cherry Heirloom Tom
- Heirloom Tomato
- Red Beef Steak Tomato
- Green Beans

Garcia Organics

Local, Organic

- Meyers Lemons
- Finger Limes
- Satsuma Tangerine
- Guavas
- Kishu Mandarin
- Oro Blanco
- Page Mandarin

Hers Produce & Fresno

Local & Sustainable

- Bok Choy
- Yu Choy
- Green onions
- Long Beans
- Sweet Potato
- Purple Yams
- Jicama
- Celery Root
- Daikon
- Baby Carrots
- Cauliflower
- Romanesco

Maggie's Farms

Local/Organic/Sustainable

- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes
- Nasturtium Flowers

McGrath Farms

Wed Only

Local/Organic/Sustainable

- Baby Beets
- Red Frill Mustard
- Corn Blossoms
- Breakfast Radishes
- Baby Carrots
- Fennel
- Pea Tendrils
- Fava Leaves

Murray Farms

Local & Sustainable

- Buddahs Hand
- Heart of Palm-**order early**
- Pink Oyster Mushroom
- IFG Raisins
- Raisin Tree
- Hawthorne Apples
- Melogold Grapefruit
- Chandler Pomelo
- Blood Oranges
- Oro Blanco
- Ruby Red Grapefruit
- Cocktail Grapefruit
- Cara Cara Oranges
- Tango Tangerine
- Kumquats
- Page Mandarins

Polito Farms

Wed Only

Local & Sustainable

- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

Pudwill Farms

Local & Sustainable

- Blueberries
- Blackberries
- Raspberries

Tutti Frutti Farms

Wed only

- Local/Organic/Sustainable
- Carrots
- Heirloom Tomato

Torpedo Onions

- Parsnips
- Bloomsdale
- Sugarsnap Peas

Two Peas in a Pod

Wed Only

- Brussel Sprouts
- Purple Brussel Sprouts
- Sprouts on Stalk
- Cauliflowers
- Dried Flagolet Beans
- Broccolini
- Kalettes

Valdivia Farms

Local & Sustainable

- Beefsteak Tomatoes
- Heirloom Tomatoes
- Turnips
- Radishes
- Green Onions
- Green Garlic

Weiser Family Farms

Local & Sustainable

- Fingerlings
- Radishes
- Spigarello
- Carrots
- Sprouting Broccoli
- Beets
- Turnips

Reiger Farms

Wed Only

- Satsuma Tangerines

Flora Bella

- Living Green Trays
- Collard Greens
- Hinona Kabu Turnips
- Red Mustard Leaf
- Wasabina
- Cara Cara Orange
- Blood Orange
- Cauliflower
- Cabbages
- Rosabla Chicory
- Castlefranco Chicory

Thao Farm

Sat Only

- Satsuma Yams
- Mountain Yam
- Bok choy
- Yu choy
- Sprouting Broccoli
- Broccoli
- Flat Cabbage
- Jicama
- Leeks
- Chicories
- Puntarelle
- Sprouting Cauliflower
- Cauliflowers
- Romanesco
- Green Garlic
- Celery Root

JJs Lone Daughter Ranch

Calamansi limes

- Pink Lemons
- Cara Cara Oranges

Blood orange

- V-day Pomello
- Avocados (Pinkerton, Hass, more to come)

Suncoast Farms

- Baby Artichokes
- Long Stem Artichokes

The Garden Of

Wed Only

Mon 1pm cutoff

- Gems
- Salanova Mix
- Speckled Romaine
- Sweet Crisp
- Carrots
- Celeriac
- Watermelon Radish
- Carrots
- Leeks

County Line Harvest

- Tokyo Turnips
- Cabbages
- Radishes
- Radish Pods
- Beets and Forono Beets
- Spigarello
- Collard Greens
- Wild Arugula
- Mix greens (unwashed)
- Purple Broccoli

Girl N Dug Farms

Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!
Subject to availability, contact your Rep first please

Girl N Dug Farms - Yarrow Leaf - SKU 80177

Mike and Sons Eggs (15dz) - SKU 04233

Polito Farms Oranges (40#) - SKU 01048

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111

Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122

Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112

Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029

Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031

Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115

[to set up a farm tour, please contact your local sales representative or call us for more information](#)

Thank you for your continued business, The Polisky Family & Nature's Produce



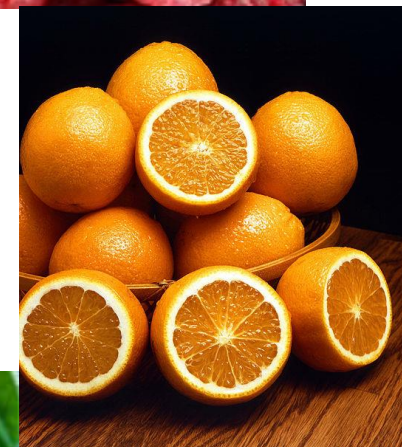
Market Flash:

Vegetables in season

- Broccoli
- Beets
- Cabbages
- Carrots
- Cauliflower
- Celery Root
- Chicories
- Cucumbers
- Fava Leaves
- Fennel
- Green Garlic
- Green Onions
- Jicama
- Kale
- Lettuces
- Parsnips
- Pea Tendrils
- Romanesco
- Spinaches
- Spigarello
- Sunchokes
- Swiss Chard
- Radishes
- Stinging Nettles
- Turnips
- Winter Squashes
- Pumpkins

Fruits in season

- Apples
- Blueberries
- Blackberries
- Blood Orange
- Cara Cara Orange
- Currants
- Dragon Fruit
- Grapefruits
- Guava
- Kiwi
- Kumquats
- Mandarin
- Oranges
- Oro Blanco
- Passion fruit
- Pears
- Persimmon
- Pomegranate
- Pomelo
- Raspberries
- Strawberries
- Tangerine



Thank you for your continued business, The Polisky Family & Nature's Produce