



**Market Report**  
**Amenities**  
**Local Farmers Market**  
**Local Products List**  
**Fruits/Vegetables in season**

**February 28<sup>th</sup> 2020**

### **Artichokes**

Supply is slowly increasing as we move towards early spring plantings and weather warms up.

### **Asparagus**

Supplies is steady

### **Avocado**

Large fruit is tighter in the market. Lots of #2 and smaller sizing fruit

### **Bananas**

Steady supply with good quality

### **Broccoli, Cauliflower, Broccolini, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies are improving

**Cauliflower**-Supplies are light this week due to weather but improving

**Broccolini** – Supplies have improved

**Brussels Sprouts**- supply has improved

**Green Onions** – Market is steady and improving

### **Berries**

**Strawberries** – supply is steady with production ramping up in Oxnard

**Raspberry** – supply is steady

**Blackberries** – Supply is steady

**Blueberries** – Supply is improving

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**Anaheim's, Habanero**

**All peppers are tight with west coast weather**

### **Carrots**

Jumbo carrots are in tight supply. Weather has had an effect on crops nationwide.



### **Celery**

Supply is good coming out of Yuma

### **Corn**

**Yellow Corn** – lower volume, demand exceeds supply

**White Corn**- same as yellow

### **Citrus**

**Limes** – Supply has improved, but will remain a bit tight with holidays

**Lemon** – Supply is steady and quality is good

**Oranges** – Local Valencias available, Cara Cara, Blood Orange

**Grapefruit** – Pummelos and Melogolds available

**LOCAL MARKET** – Farmers Market citrus is here!

### **Eggs**

Product is at normal supply

### **Eggplant**

Quality is fair

### **Garlic**

Domestic garlic is in short supply due to numerous plants that did not develop.

Chinese garlic is low due to high tariffs being applied as well as reduced labor surround coronavirus outbreak.

### **Grapes**

Volumes is steady. All imported product now

### **Lettuce**

#### **TENDER GREENS-**

**Baby Arugula, Spinaches, Kales** – supply is steady

**Romaines**- Supply has rebounded in the last week

**Green and Red Leaf** – Supplies are recovering

**Iceberg lettuce** - Supplies are above normal

**Butter lettuce** – Good volume



## **Melons**

**Cantaloupe** - Production is way down with smaller fruit and less sugar

**Honeydew** – same as cantaloupe and demand exceeds supply

## **Pineapple**

Good availability and quality

## **Potatoes**

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

## **Squash**

Winter squashes and gourds are in

## **Tomatoes**

**All tomatoes are on the recovery with supplies increasing daily. Prices will drop accordingly**

**Round-**

**Romas-**

**Grapes-**

**Cherry-**

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious  
Large :Braeburn, Pink Lady, Fuji, Honeycrisp

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Strawberries,  
Gooseberries

### Grapes

Red Seedless, Black Seedless, Green Seedless,  
Champagne

**Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan  
Medjool Dates**

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red

### Citrus

Tangerines, Blood Orange, Cara Cara Orange,  
Kumquats, Mandarins, Farmers Market





The following items will be available for delivery on March 5<sup>th</sup> 2020  
*All orders must be placed with your sales representative by 12 noon Friday.*

Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**  
 Local & Sustainable

- Gem Lettuce
- Cardoons
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- New Zealand Spinach
- Calendulas
- Swordleaf lettuce
- Stinging Nettles
- Sapote, white
- Wood Sorrel
- Celtuce
- Woodpecker Spinach
- Wakefield/Cone
- Cabbage

**Gloria Tamai Farms**  
 Local & Sustainable

- Beets
- Strawberries
- Cauliflower
- Black Tuscan Kale
- Cherry Heirloom Tom
- Heirloom Tomato
- Red Beef Steak Tomato
- Green Beans

**Garcia Organics**  
 Local, Organic

- Meyers Lemons
- Finger Limes
- Satsuma Tangerine
- Kishu Mandarin
- Oro Blanco

Page Mandarin

**Hers Produce & Fresno**  
 Local & Sustainable

- Bok Choy
- Yu Choy
- Green onions
- Sweet Potato
- Purple Yams
- Jicama
- Daikon
- Baby Carrots
- Cauliflower
- Romanesco

**Maggie's Farms**

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes
- Nasturtium Flowers

**McGrath Farms**  
 Wed Only

- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Corn Blossoms
- Breakfast Radishes
- Baby Carrots
- Fennel
- English Peas coming
- Favas coming
- Cilantro Blossoms

**Murray Farms**

- Local & Sustainable
- Buddahs Hand
- Heart of Palm-order early
- Pink Oyster Mushroom
- IFG Raisins
- Raisin Tree
- Melogold Grapefruit
- Chandler Pomelo
- Oro Blanco
- Ruby Red Grapefruit
- Cocktail Grapefruit
- Cara Cara Oranges
- Tango Tangerine
- Kumquats
- Page Mandarins

**Polito Farms**  
 Wed Only

- Local & Sustainable
- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

**Pudwill Farms**

- Local & Sustainable
- Blueberries
- Blackberries
- Raspberries

**Tutti Frutti Farms**  
 Wed only

- Local/Organic/Sustainable
- Carrots
- Heirloom Tomato

- Torpedo Onions
- Parsnips
- Bloomsdale
- Sugarsnap Peas
- English Peas

**Two Peas in a Pod**  
 Wed Only

- Brussel Sprouts
- Purple Brussel Sprouts
- Sprouts on Stalk
- Cauliflowers
- Dried Flagolet Beans
- Broccoli
- Broccoli blossoms

**Valdivia Farms**  
 Local & Sustainable

- Beefsteak Tomatoes
- Heirloom Tomatoes
- Turnips
- Radishes
- Green Onions
- Green Garlic

**Weiser Family Farms**  
 Local & Sustainable

- Fingerlings
- Radishes
- Spigarello
- Carrots
- Sprouting Broccoli
- Beets
- Turnips

**Reiger Farms**  
 Wed Only

- Satsuma Tangerines

**Flora Bella**

- Living Green Trays
- Collard Greens
- Scarlett Turnips
- Red Mustard Leaf
- Wasabina
- Cauliflower
- Cabbages

**Thao Farm**  
 Sat Only

- Satsuma Yams
- Mountain Yam
- Bok choy
- Yu choy
- Sprouting Broccoli
- Broccoli
- Flat Cabbage
- Jicama
- Leeks
- Chicories
- Puntarelle
- Sprouting Cauliflower - gapping 2 weeks
- Carrots
- Cauliflowers
- Romanesco
- Green Garlic
- Celery Root

**JJs Lone Daughter Ranch**

- Kiwi
- Pink Lemons

- Cara Cara Oranges
- Blood orange
- V-day Pomello
- Avocados (Pinkerton, Hass, more to come)

**Suncoast Farms**

- Baby Artichokes
- Long Stem Artichokes

**The Garden Of**  
 Wed Only

Mon 1pm cutoff

- Gems
- Salanova Mix
- Speckled Romaine
- Sweet Crisp
- Carrots
- Celeriac
- Watermelon Radish
- Carrots
- Leeks

**County Line Harvest**

- Tokyo Turnips
- Cabbages
- Radishes
- Radish Pods
- Beets and Forono Beets
- Spigarello
- Collard Greens
- Wild Arugula
- Mix greens (unwashed)
- Purple Broccoli

**Girl N Dug Farms**  
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**  
Subject to availability, contact your Rep first please

**Girl N Dug Farms - Yarrow Leaf - SKU 80177**

**Mike and Sons Eggs (15dz) - SKU 04233**

**Polito Farms Oranges (40#) - SKU 01048**

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

**Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111**

**Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122**

**Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112**

**Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029**

**Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031**

**Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115**

to set up a farm tour, please contact your local sales representative or call us for more information

**Thank you for your continued business, The Polisky Family & Nature's Produce**



# Market Flash:

## Vegetables in season

Broccoli  
 Beets  
 Cabbages  
 Carrots  
 Cauliflower  
 Celery Root  
 Chicories  
 Cucumbers  
 English Peas  
 Fava Beans  
 Fava Leaves  
 Fennel  
 Fiddlehead Ferns  
 Green Garlic  
 Green Onions  
 Jicama  
 Kale  
 Kohlrabi  
 Lettuces  
 Parsnips  
 Pea Tendrils  
 Romanesco  
 Spinaches  
 Spigarello  
 Spring Onions  
 Sugarsnap Peas  
 Sunchokes  
 Swiss Chard  
 Radishes  
 Stinging Nettles

Turnips  
 Winter Squashes  
 Pumpkins

## Fruits in season

Apples  
 Blueberries  
 Blackberries  
 Blood Orange  
 Cara Cara Orange  
 Cherimoya  
 Currants  
 Dragon Fruit  
 Grapefruits  
 Guava  
 Kiwi  
 Kumquats  
 Mandarin  
 Oranges  
 Oro Blanco  
 Passion fruit  
 Pears  
 Persimmon  
 Pomegranate  
 Pomelo  
 Raspberries  
 Strawberries  
 Tangerine



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