



Nature's Produce

**Produce
Market Outlook
WEEK OF
DECEMBER 14th**

Artichokes

Light supply. All sizes are currently available.

Asparagus

Supply and quality has improved with plenty of supply from Peru

Avocado

Fruit is of good quality and in good supply. All sizing is good with the chance.

Broccoli, Cauliflower, Brocolini, Brussels Sprouts, and Green Onions

Broccoli – Supplies have tightened up again

Cauliflower-Supplies and quality are tight and down the same as broccoli

Brocolini – Supplies are steady, and prices are stable

Brussels Sprouts- quality is and supply are good

Green Onions – Market is steady, quality is better this week

Bell Peppers

Green Bell – Good supply, but heat has affected current crops and price has gone up

Red Bell – Good supply and prices are stable.

Yellow Bell Pepper – Quality is good and price is starting to come down

Carrots

All carrots in good shape wit the exception of sticks that are in lighter supply

Celery

Supply and quality are good

Cilantro

Supply and quality are good

Corn

Yellow Corn – Demand exceeds supply, and prices are expected to remain high. Quality is poor

White Corn– Demand exceeds supply, and prices are expected to remain high. Quality is degrading (less sugar)

Eggs

Product is at normal supply

Eggplant

Seeing lighter supply due to recent heat waves, but pricing is stable

Garlic

Domestic garlic is in short supply due to numerous plants that did not develop. 5-7% less harvest than last year

Chinese garlic whole head price has come down while peeled has remained high

Lettuce

Baby Arugula, Spinaches, Kales – supply is steady, quality is fair

Romaine and Hearts– Low yields in field brings us a tighter supply. Heat related issues. Price is through the roof. Look for substitutions and field transition to Yuma

Green and Red Leaf – Supplies are tight and quality is down from heat and fires. Field Transitions

Iceberg lettuce - Low yields in field brings us a tighter supply. Field transitions

Butter lettuce – Supply is extremely tight with quality fair at best. Please consider buying hydro butter lettuce.

Potatoes

Harvest in progress or finishing up already. Looking like good yields and supplies this year

Squash

Supply and quality is down with high demand for the holiday. Wind damage and other issues have driven the price

Tomatoes

Rounds– Volume is tight on rounds.

Romas- Volume and quality have improved

Grapes– Stable with good quality

Cherry– Stable with good quality

Bananas

Steady supply with good quality

Berries

Strawberries – steady , but cold weather could slow down production and affect supplies

Raspberry – supply is declining with weather cooling down

Blackberries – Supply is declining with weather

Blueberries – Supply is declining with weather

Citrus (Local season is just getting started)

Limes – Supply is steady

Lemon – Supply and quality are improving

Oranges – Supply and quality improving as we move farther into season

Grapes

Volumes is steady and prices are stable.

Melons

Domestic season has wrapped up. Flavor and sugar levels are way down.

Pineapple

Market is continuing to improve

Stone fruits

Domestic and local crops have finished up for the year.

