



*Nature's Produce*

**Produce  
Market Outlook  
WEEK OF  
FEBRUARY 1<sup>st</sup>**

## **Artichokes**

Light supply. All sizes are currently available.

## **Asparagus**

Supply and quality has improved with plenty of supply from Peru

## **Avocado**

Fruit is of good quality and in good supply. All sizing is good with the chance.

## **Broccoli, Cauliflower, Brocolini, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies have tightened up again

**Cauliflower**-Supplies and quality are tight and down the same as broccoli

**Brocolini** – Supplies are steady, and prices are stable

**Brussels Sprouts**- quality is and supply are good

**Green Onions** – Market is steady, quality is better this week

## **Bell Peppers**

**Green Bell** – Good supply, but heat has affected current crops and price has gone up

**Red Bell** – Good supply and prices are stable.

**Yellow Bell Pepper** – Quality is good and price is starting to come down

## **Carrots**

All carrots in good shape wit the exception of sticks that are in lighter supply

## **Celery**

Supplies are down

## **Cilantro**

Supply and quality are good

## **Corn**

**Yellow Corn** – Demand exceeds supply, and prices are expected to remain high. Quality is poor

**White Corn**– Demand exceeds supply, and prices are expected to remain high. Quality is degrading (less sugar)

## **Eggs**

Product is at normal supply

## **Eggplant**

Seeing lighter supply due to recent heat waves, but pricing is stable

## **Garlic**

Domestic garlic is in short supply due to numerous plants that did not develop. 5-7% less harvest than last year

Chinese garlic whole head price has come down while peeled has remained high

## **Lettuce**

**Baby Arugula, Spinaches, Kales** – supply is steady, quality is fair

**Romaine and Hearts** – Steady supply and quality

**Green and Red Leaf** – Steady supply and quality

**Iceberg Lettuce** - Steady supply and quality

**Butter Lettuce** – Steady supply and quality

## **Potatoes**

Harvest in progress or finishing up already. Looking like good yields and supplies this year

## **Squash**

Supply and quality is down with high demand for the holiday. Wind damage and other issues have driven the price

## **Tomatoes**

**Rounds**– Volume is tight.

**Romas**- Volume is tight.

**Grapes**– Volume is tight.

**Cherry**– Volume is tight.

**Apples** — Supplies severely affected due to weather, retail, and USDA box program

**Bananas** — Hurricanes have had an affect on supply and crop

## **Berries**

**Strawberries** – steady , but cold weather could slow down production and affect supplies

**Raspberry** – supply is declining with weather cooling down

**Blackberries** – Supply is declining with weather

**Blueberries** – Supply is declining with weather

## **Citrus**

**Limes** – Supply is steady

**Lemon** – Supply and quality are improving

**Oranges** – Supply and quality improving as we move farther into season

## **Grapes**

Volumes is steady and prices are stable.

## **Melons**

**Domestic season has wrapped up. Flavor and sugar levels are way down. Hurricanes have affect honeydews and cantaloupes**

## **Pineapple**

Market is continuing to improve

## **Stone fruits**

Domestic and local crops have finished up for the year.

