



Nature's Produce

**Produce
Market Outlook
WEEK OF
MARCH 10th**

Artichokes

Light supply. All sizes are currently available.

Asparagus

Supply is tight and prices have gone up. Fair quality

Avocado

Fruit is of good quality and in good supply. All sizing is good with the chance.

Broccoli, Cauliflower, Brocolini, Brussels Sprouts, and Green Onions

Broccoli – Good quality out of salinas

Cauliflower-Supplies and tight and prices have increased dramatically due to colder weather in the region

Brocolini – Supplies are steady, and prices are stable

Brussels Sprouts- quality is and supply are good

Green Onions – Market is steady, quality is better this week

Bell Peppers

Green Bell – Good supply, but heat has affected current crops and price has gone up

Red Bell – Good supply and prices are stable.

Yellow Bell Pepper – Quality is good and price is starting to come down

Carrots

All carrots in good shape wit the exception of sticks that are in lighter supply

Celery

Supplies are steady

Cucumbers

Price is trending down some, with better supplies in 2 to 3 weeks

Corn

Yellow Corn – Demand exceeds supply, and prices are expected to remain high. Quality is poor

White Corn– Demand exceeds supply, and prices are expected to remain high. Quality is degrading (less sugar)

Eggs

Product is at normal supply

Eggplant

Seeing lighter supply and price is trending down, 3 to 4 weeks improved supplies

Garlic

Domestic garlic is in short supply due to numerous plants that did not develop. 5-7% less harvest than last year

Chinese garlic whole head price has come down while peeled has remained high

Lettuce

Baby Arugula, Spinaches, Kales – supply is steady, quality is fair

Romaine and Hearts – Steady supply and quality

Green and Red Leaf – Steady supply and quality

Iceberg Lettuce - Steady supply and quality

Butter Lettuce – Steady supply and quality

Potatoes

Good quality and supply

Squash

Prices trending up, some production is down in regions with some transition taking place

Tomatoes

Rounds and Romas– Volume is down right now with California production picking up in the next few weeks.

Apples — Supplies affected due to weather, retail, and USDA box program

Bananas — Supply is fair with good quality

Berries — Supplies are a bit tight with mothers day weekend

Strawberries –

Raspberry –

Blackberries –

Blueberries –

Citrus

Lemons & Limes— Supply has been greatly affected by lack of rain in some regions slowing bloom and ripening. There are some sizing issues as well. Larger limes are scarce

Oranges – Steady

Grapes

Prices lower than expected, but old fruit and lower quality is apparent with Chilean fruit continuing to go up in price

Melons

Quality and Supplies steady

Pineapple

Good quality

Stone fruits

Domestic crops have begin. Local California stone fruit is available at the farmers market already.

